

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****Girls 4x100 Meter Relay**

Meet Records: # 48.49 4/28/2023 Pembroke, Pembroke					
School	Seed	Finals	H#	Points	
Finals					
1 Pembroke 'A'	48.80	48.49#	5	10	
2 Tewksbury 'A'	50.75	49.97	5	8	
3 Burlington 'A'	51.00	52.01	5	6	
4 Foxborough 'A'	53.45	52.38	4	4	
5 Holliston 'A'	53.98	52.72	4	2	
6 Scituate 'A'	52.00	53.53	5	1	
7 Newburyport 'A'	53.00	53.69	5		
8 Grafton 'A'	53.00	53.79	5		
9 Whittier Rvt 'A'	54.60	53.97	4		
10 Pembroke 'B'	53.50	54.15	4		
11 Wilmington 'A'	56.00	54.17	3		
12 Dracut 'A'	53.20	54.53	4		
13 Newburyport 'B'	55.00	55.19	3		
14 Burlington 'B'	56.00	56.17	2		
15 Bedford 'A'	56.00	56.43	3		
16 Falmouth 'A'	58.00	56.74	1		
17 Gloucester 'A'	53.80	56.75	4		
18 Grafton 'B'	56.00	57.00	2		
19 Tewksbury 'B'	54.80	57.12	3		
20 Dighton-Rehoboth 'A'	55.40	57.16	3		
21 Dracut 'B'	59.50	57.49	1		
22 Southeastern Reg. Voc/Tech 'A'	56.50	57.75	2		
23 Gloucester 'B'	1:01.60	58.37	1		
24 Dighton-Rehoboth 'B'	57.20	58.50	2		
25 Wilmington 'B'	58.00	58.52	2		
26 Medfield 'A'	54.80	59.90	3		
27 Medfield 'B'	56.80	1:04.51	2		

Girls 4x200 Meter Relay

Meet Records: # 1:44.53 2018 , Pentucket					
School	Seed	Finals	H#	Points	
1 Pembroke 'A'	1:45.98	1:45.75	4	10	
2 Tewksbury 'A'	1:47.59	1:46.20	4	8	
3 Newburyport 'A'	1:50.41	1:50.33	4	6	
4 Gloucester 'A'	1:48.20	1:52.68	4	4	
5 Foxborough 'A'	1:52.00	1:52.72	4	2	
6 Holliston 'A'	1:50.62	1:52.81	4	1	
7 Dracut 'A'	1:53.20	1:54.00	3		
8 Southeastern Reg. Voc/Tech 'A'	1:53.00	1:54.91	3		
9 Grafton 'A'	1:52.00	1:55.45	3		
10 Scituate 'A'	2:00.00	1:56.59	2		
11 Medfield 'A'	2:05.54	1:57.98	1		
12 Whittier Rvt 'A'	1:59.00	1:58.21	2		
13 Wilmington 'A'	1:58.00	2:00.07	3		
14 Burlington 'A'	1:58.00	2:00.16	3		
15 Bedford 'A'	2:00.00	2:01.55	2		
16 Tewksbury 'B'	2:06.00	2:04.61	1		
17 Falmouth 'A'	2:02.90	2:05.39	2		
18 Dighton-Rehoboth 'A'	1:58.75	2:05.66	2		

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****....Girls 4x200 Meter Relay**

19 Dracut 'B'	2:03.00	2:05.77	2
20 Newburyport 'B'	1:57.30	2:07.62	3
21 Gloucester 'B'	2:06.80	2:08.32	1
22 Dighton-Rehoboth 'B'	2:12.00	2:12.54	1
23 Medfield 'B'	2:20.00	2:12.73	1

Girls 4x400 Meter Relay

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 Meet Records: # 3:59.00 1998 , Medfield

School	Seed	Finals	H#	Points
1 Newburyport 'A'	4:12.00	4:05.31	3	10
2 Holliston 'A'	4:20.00	4:12.89	3	8
3 Tewksbury 'A'	4:17.50	4:26.61	3	6
4 Gloucester 'A'	4:19.80	4:27.98	3	4
5 Medfield 'A'	4:23.73	4:32.74	3	2
6 Gloucester 'B'	4:31.80	4:36.15	2	1
7 Southeastern Reg. Voc/Tech 'A'	4:47.00	4:39.19	2	
8 Burlington 'A'	4:20.00	4:41.88	3	
9 Grafton 'A'	4:42.00	4:48.67	2	
10 Medfield 'B'	4:40.00	4:48.75	2	
11 Dighton-Rehoboth 'B'	5:15.00	4:53.12	1	
12 Dighton-Rehoboth 'A'	4:55.00	4:53.38	2	
13 Newburyport 'B'	4:55.00	4:53.58	1	
14 Tewksbury 'B'	5:10.00	5:06.12	1	

Girls 4x800 Meter Relay

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 Meet Records: # 9:38.40 2007 , Bromfield School Harvard

School	Seed	Finals	Points
1 Holliston 'A'	9:51.64	9:44.28	10
2 Bedford 'A'	10:30.00	10:19.27	8
3 Gloucester 'A'	10:18.60	10:20.44	6
4 Newburyport 'A'	9:48.02	10:31.01	4
5 Notre Dame Academy-Hingham 'A'	10:40.00	10:39.37	2
6 Burlington 'A'	10:36.00	10:49.47	1
7 Medfield 'A'	10:20.00	11:11.66	
8 Scituate 'A'	11:20.00	11:22.76	
9 Dighton-Rehoboth 'A'	11:10.00	11:30.17	
10 Gloucester 'B'	11:26.70	11:46.36	
11 Burlington 'B'	12:00.00	12:14.87	

Girls 4x1600 Meter Relay

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 Meet Records: # 21:12.53 4/28/2023 Holliston, Holliston

School	Seed	Finals	Points
1 Holliston 'A'	21:20.00	21:12.53#	10
2 Newburyport 'A'	22:30.00	22:20.16	8
3 Gloucester 'A'	24:03.50	24:09.50	6
4 Wilmington 'A'	24:00.00	24:12.58	4
5 Medfield 'A'	24:00.00	25:21.58	2

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****Girls 1600 Sprint Medley**

Meet Records: # 4:12.33 2015 , Ipswich				
School	Seed	Finals	H#	Points
1 Nauset 'A'	4:24.00	4:25.89	4	10
2 Burlington 'A'	4:20.00	4:29.57	4	8
3 Wilmington 'A'	4:30.00	4:32.03	4	6
4 Holliston 'A'	4:30.00	4:36.85	4	4
5 Newburyport 'A'	4:24.00	4:43.27	4	2
6 Gloucester 'A'	4:46.10	4:48.56	3	1
7 Grafton 'A'	4:40.00	4:52.64	3	
8 Bedford 'A'	4:46.00	4:54.21	3	
9 Southeastern Reg. Voc/Tech 'A'	4:57.50	4:55.47	2	
10 Medfield 'A'	4:35.00	4:57.95	3	
11 Gloucester 'B'	4:50.40	4:59.84	2	
12 Newburyport 'B'	4:32.00	5:04.29	4	
13 Diman Regional Voc/Tech 'A'	4:40.00	5:04.37	3	
14 Dighton-Rehoboth 'A'	5:20.00	5:10.57	1	
15 Pembroke 'A'	5:00.00	5:11.56	2	
16 Wilmington 'B'	5:00.00	5:17.55	2	
17 Tewksbury 'B'	5:12.00	5:18.43	2	
18 Tewksbury 'A'	4:57.00	5:18.48	2	
19 Medfield 'B'	4:45.00	5:21.97	3	
20 Burlington 'B'	5:20.00	5:22.76	1	
21 Grafton 'B'	5:15.00	5:22.80	1	
22 Foxborough 'A'	5:20.00	5:34.39	1	

Girls Distance Medley

Meet Records: # 12:35.02 2009 , Bromfield School Harvard				
School	Seed	Finals	Points	
1 Medfield 'A'	12:58.10	13:28.30	10	
2 Pembroke 'A'	13:45.00	13:54.51	8	
3 Gloucester 'A'	13:46.30	14:01.56	6	
4 Ashland 'A'	14:20.00	14:01.71	4	
5 Holliston 'A'	13:35.00	14:02.09	2	
6 Foxborough 'A'	14:00.00	14:04.49	1	
7 Dracut 'A'	14:10.00	14:12.33		
8 Bedford 'A'	14:35.00	14:25.66		
9 Newburyport 'A'	14:20.00	14:58.28		
10 Whittier Rvt 'A'	14:59.00	15:42.45		

Girls 4x100 Meter Shuttle Hurdle

Meet Records: # 1:02.00 2004 , Hopkinton				
School	Seed	Finals	H#	Points
1 Nauset 'A'	1:10.00	1:12.41	4	10
2 Medfield 'A'	1:12.00	1:14.37	4	8
3 Scituate 'A'	1:15.00	1:14.99	3	6
4 Canton 'A'	1:14.00	1:17.60	3	4
5 Dighton-Rehoboth 'A'	1:20.00	1:18.47	1	2
6 Medfield 'B'	1:23.00	1:19.40	1	1
7 Pembroke 'A'	1:16.00	1:20.30	2	
8 Grafton 'A'	1:07.00	1:20.74	4	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Girls 4x100 Meter Shuttle Hurdle**

9	Foxborough	'A'	1:22.00	1:20.96	1
10	Holliston	'A'	1:18.00	1:21.41	2
11	Falmouth	'A'	1:20.00	1:21.75	2
12	Wilmington	'A'	1:15.00	1:21.80	3

Girls High Jump Relay

Meet Records: # 4.59m 2022 , Willminton

Name	Year	School	Seed	Finals	Points
1 Davies, Chloe		Foxborough	5-01.00	1.53m	2.66
2 Lungelow, Gelyma		Southeastern	4-10.00	1.48m	3.33
3 McBain, Olivia		Gloucester	5-00.00	J1.48m	0.77
4 Schena, Julia		Newburyport	5-00.00	1.40m	0.77
4 Oteri, Molly		Medfield	5-00.00	1.40m	2
6 Whelan, Zoe		Medfield	4-10.00	J1.40m	2
6 Champagne, Chloe		Southeastern	4-06.00	J1.40m	3.33
8 Riethmueller, Gabriella		Newburyport	4-08.00	J1.40m	0.77
8 Buckley, Kathryn		Medfield	4-09.00	J1.40m	2
8 May, Madyson		Southeastern	4-08.00	J1.40m	3.33
8 Ruter, Addie		Foxborough	5-00.00	J1.40m	2.66
12 Shook, Maura		Holliston	4-06.00	J1.40m	0.77
12 Jung, Inga		Holliston	5-00.00	J1.40m	0.77
14 Barletta, Julia		Tewksbury	4-06.00	1.32m	
14 Paige, Cassidy		Tewksbury	4-06.00	1.32m	
14 Osborne, Kiley		Foxborough	4-06.00	1.32m	2.66
14 Martel, Katherine		Dracut	4-06.00	1.32m	
14 Harrington, Rylie		Holliston	4-06.00	1.32m	0.77
19 Spencer, Aili		Gloucester	4-10.00	J1.32m	0.77
19 Dalal, Riya		Grafton	4-00.00	J1.32m	
21 Stauffer, Abby		Gloucester	4-10.00	J1.32m	0.77
21 Jensen, Emma		Tewksbury	4-08.00	J1.32m	
21 Loughran, Gabby		Newburyport		J1.32m	0.77
-- Fascione, Mary		Dracut	4-04.00	NH	
-- Botsis, Chloe		Dracut	4-06.00	NH	
-- Fitzgibbons, Gabby		Wilmington	4-04.00	NH	
-- Charles, Natalie		Grafton	4-02.00	NH	
-- Vyskocil, Sydney		Grafton	4-04.00	NH	

Girls Pole Vault Relay

Meet Records: # 9.15m 2015 , North Reading

Name	Year	School	Seed	Finals	Points
1 Laverty, Cora		Burlington	8-06.00	2.43m	3.33
2 Kasule, Jaden		Tewksbury	9-00.00	2.28m	2.66
3 Veits, Riley		Tewksbury	8-00.00	J2.28m	2.66
4 Hanafin, Hope		Burlington	8-00.00	2.13m	3.33
5 Scott, Farrah		Bedford	6-11.00	J2.13m	2
6 Lecomte, Renee		Burlington	7-06.00	J2.13m	3.33
7 Saunders, Kayla		Tewksbury	6-06.00	1.98m	2.66
8 Nichols, Taelor		Bedford		J1.98m	2
9 Maldonado Cruz, Larah		Bedford		1.83m	2

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****Girls Long Jump Relay**

Meet Records: # 15.64m 1988 , Norwell

Name	Year	School	Seed	Finals	H#	Points
1 Claflin, Sarah		Pembroke	17-00.25	5.18m	3	3.33
2 Hanafin, Grace		Burlington	19-01.50	4.95m	1	2.66
3 Schena, Julia		Newburyport		4.78m	2	1.33
4 Jung, Inga		Holliston	16-09.50	4.69m	2	2
5 Ghattas, Catrena		Pembroke	16-07.00	4.68m	3	3.33
6 Ogden, Amanda		Tewksbury	17-04.00	4.63m	3	
7 Spencer, Aili		Gloucester	17-00.75	4.62m	1	0.66
8 Malo, Savana		Holliston	15-09.75	4.59m	2	2
9 Fitzgerald, Delia		Foxborough	14-11.25	4.56m	1	0.33
10 Champagne, Chloe		Southeastern	15-00.00	4.54m	3	
11 Hurd, Megan		Gloucester	16-06.00	4.50m	1	0.66
12 Lecomte, Renee		Burlington	14-03.75	4.48m	1	2.66
13 Laverty, Cora		Burlington		4.47m	1	2.66
14 Lyons, Megan		Holliston	15-02.75	4.42m	2	2
15 Raby, Chloe		Newburyport		4.36m	2	1.33
16 Johnson, Ally		Pembroke	15-01.00	4.32m	3	3.33
17 Sullivan, Grace		Dighton-Rehoboth	14-09.50	4.30m	1	
18 Dekkers, Sara		Foxborough	15-00.50	4.29m	1	0.33
19 Sutherland, Rihanna		Nauset	14-03.00	4.21m	2	
20 Garvey, Allison		Medfield	12-04.50	4.16m	2	
21 Labdon, Haley		Nauset	13-06.25	4.11m	2	
22 Silva, Joy		Southeastern	14-00.00	J4.11m	3	
23 Elouahi, Rania		Tewksbury	13-09.25	4.06m	3	
24 Flamand, Anna Sophia		Medfield	13-07.00	4.05m	2	
25 Collins, Camryn		Foxborough	15-02.50	J4.05m	1	0.33
26 Brela, Pavao		Newburyport		4.00m	2	1.33
27 Janes, Elizabeth		Falmouth	14-05.00	J4.00m	1	
28 Osgood, Mollie		Wilmington	14-05.00	3.94m	3	
29 Glaser, Samantha		Wilmington	12-11.00	3.93m	3	
30 Ferrara, Sophia		Gloucester	14-00.00	3.89m	1	0.66
31 Forys, Leah		Falmouth	13-01.00	3.86m	1	
32 Bento, Hannah		Falmouth	12-09.00	J3.86m	1	
33 Fratolillo, Emily		Medfield	13-07.00	3.80m	2	
34 Gale, Alexis		Dighton-Rehoboth	13-08.00	3.73m	1	
35 Hickey, Faith		Dighton-Rehoboth		3.67m	1	
36 McLaughlin, Lily		Wilmington	11-04.00	J3.67m	3	
37 Still, McKenzie		Nauset	13-01.25	3.56m	2	
38 Segura, Alejandra		Tewksbury	12-00.00	3.16m	3	
39 Andrade, Neliza		Southeastern	13-08.00	3.10m	3	

Girls Triple Jump Relay

Meet Records: # 33.60m 2004 , Hopkinton

Name	Year	School	Seed	Finals	H#	Points
1 Schena, Julia		Newburyport		10.54m	2	1.33
2 Nichols, Taelor		Bedford		10.30m	1	
3 Roche, Violet		Nauset	32-07.00	10.20m	2	0.33
4 Hurd, Megan		Gloucester	35-02.00	10.19m	1	2
5 McCarthy, Brooke		Scituate	32-02.75	10.10m	3	3.33
6 Kinsley, Louisa		Scituate	32-03.50	10.05m	3	3.33
7 Malo, Savana		Holliston	31-03.50	9.91m	2	2.66

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Girls Triple Jump Relay**

8	Lyons, Megan	Holliston	32-04.50	9.86m	2	2.66
9	Von Freymann, Ava	Scituate	34-03.00	9.85m	3	3.33
10	Stauffer, Abby	Gloucester	32-01.00	9.78m	1	2
11	Cahill, Rebecca	Nauset	31-03.75	9.74m	2	0.33
12	Scott, Jasmine	Southeastern	31-05.25	9.60m	3	0.66
13	Condon, Kelsey	Burlington	30-08.75	9.36m	1	
14	Stoetzel, Emmeline	Holliston	31-08.75	9.34m	2	2.66
15	Sicard, Tatiana	Southeastern	28-10.00	9.29m	3	0.66
16	Melvin, Alexis	Wilmington	30-00.75	9.22m	3	
17	Root, Madison	Dighton-Rehoboth	31-00.00	9.13m	1	
18	Bergamesca, Maya	Pembroke		9.06m	3	
19	Conway, Katie	Newburyport	31-06.00	9.02m	2	1.33
20	Sullivan, Grace	Dighton-Rehoboth	28-04.00	J9.02m	1	
21	Lauder, Lacey	Burlington	30-07.75	8.92m	1	
22	Godtfredsen, Viive	Newburyport	31-01.25	8.91m	2	1.33
23	Birungi, Desire	Burlington	29-06.50	8.83m	1	
24	Goff, Liz	Pembroke		J8.83m	3	
25	Levy, Layza	Southeastern	28-07.00	8.79m	3	0.66
25	Butler, Mel	Pembroke		8.79m	3	
27	Annigeri, Jailen	Medfield	26-07.00	8.65m	2	
28	Ciolino, Skye	Gloucester	29-02.25	8.59m	1	2
29	White, Maeve	Wilmington	27-06.00	8.58m	3	
30	Flynn, Kayla	Wilmington	31-02.50	8.56m	3	
31	Kaundinya, Swetha	Bedford		8.49m	1	
32	Hyde, Martha	Bedford	25-06.00	8.47m	1	
33	Powell, Jemma	Medfield	28-08.00	8.35m	2	
34	Ouellette, Kohra	Dighton-Rehoboth	25-05.00	8.09m	1	
35	McIsaac, Sophie	Nauset	24-05.00	7.67m	2	0.33
--	Shield, Sophia	Medfield	27-06.00	FOUL	2	

Girls Shot Put Relay

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 Meet Records: # 32.12m 1998 , Old Rochester

Name	Year	School	Seed	Finals	H#	Points
1	Lin, Jessica	Bedford	37-04.25	10.29m	1	2
2	Thompson, Lauren	Scituate	33-02.25	9.85m	4	0.33
3	Kenfack, Annick	Southeastern	35-05.00	9.73m	4	3.33
4	Welzel, Ryann	Dighton-Rehoboth	32-03.25	9.39m	2	
5	Massih, Emma	Canton		9.29m	1	0.66
6	Cenolli, Kleah	Holliston	30-00.75	8.81m	3	1.33
7	Powers, Jessica	Dracut	29-00.00	8.77m	2	
8	Gaiero, Kelsey	Burlington	28-00.00	8.60m	1	2.66
9	Ghattas, Veronica	Pembroke	27-06.00	8.58m	3	
10	Sicard, Tatiana	Southeastern	30-06.50	8.54m	4	3.33
11	Schwab, Laney	Newburyport		8.33m	3	
12	Marshall, Leah	Burlington	28-00.00	8.08m	1	2.66
13	Brouady, Hannah	Burlington	29-02.25	8.07m	1	2.66
14	Brouady, Amanda	Burlington B	25-01.00	8.02m	1	
15	Meyer, Mallorie	Foxborough	26-01.50	7.83m	2	
16	Hamilton, Alyssa	Burlington B	23-10.00	7.80m	1	
17	Kennedy, Ava	Wilmington	25-05.50	7.71m	4	
18	Brathwaite, Jessica	Canton		7.69m	1	0.66
19	Caldwell, Emilie	Holliston	26-11.00	7.62m	3	1.33
20	Foley, Emma	Newburyport		7.61m	3	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Girls Shot Put Relay**

21	Krueger, Maddie	Wilmington	26-10.00	7.57m	4	
22	Wernborg, Phoebe	Holliston	24-00.75	7.55m	3	1.33
23	Loughran, Gabby	Newburyport		7.53m	3	
24	Sargent, Lauren	Gloucester	25-10.00	7.44m	2	
25	Yiu, Hazel	Burlington B	23-04.00	7.34m	1	
26	Stafford, Brooklyn	Gloucester	25-09.00	7.33m	2	
27	Jasie, Katie	Pembroke	24-06.00	7.32m	3	
28	Howie, Abigail	Wilmington	23-02.00	7.25m	4	
29	VonFreyman, Katie	Scituate	25-00.00	J7.25m	4	0.33
30	McKenna, Sam	Pembroke		J7.25m	3	
31	D'Andrea, Brook	Bedford		7.17m	1	2
32	Pequenez, Sophie	Dighton-Rehoboth	24-10.25	7.14m	2	
33	Especiato - Monteiro, Je	Southeastern	23-02.00	7.10m	4	3.33
34	Giallongo, Leah	Dracut	24-04.00	7.08m	2	
35	Turner, Katie	Medfield	25-08.00	7.06m	3	
36	Vytopilova, Amalie	Gloucester	21-01.00	6.88m	2	
37	Conte, Delia	Tewksbury	25-02.00	6.85m	4	
38	McCruse, Makayla	Canton		J6.85m	1	0.66
39	Curl, Gabrielle	Medfield	28-04.00	6.79m	3	
40	Dang, Lana	Tewksbury	22-07.00	6.78m	4	
41	Clarke, Zoe	Dracut	28-00.00	6.61m	2	
42	Panagiotou, Sophia	Bedford		6.57m	1	2
43	Ariel, Emily	Medfield	22-04.50	6.46m	3	
44	Needel, Campbell	Scituate	22-00.00	6.40m	4	0.33
45	Lavigne, Mariana	Dighton-Rehoboth	20-00.00	6.35m	2	
46	Palmer, Kyla	Foxborough	21-10.00	6.26m	2	
47	Boucher, Lily	Tewksbury	20-10.75	6.24m	4	
48	Gallo, Emily	Foxborough	18-08.50	5.88m	2	

Girls Discus Throw Relay

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 Meet Records: # 98.96m 2003 , Dedham

Name	Year	School	Seed	Finals	H#	Points
1	Kenfack, Annick	Southeastern	95-00	32.45m	3	
2	Welzel, Ryann	Dighton-Rehoboth	102-02	31.22m	1	2.66
3	Cenolli, Kleah	Holliston	73-04	28.43m	2	0.66
4	Simons, Kayley	Newburyport		28.30m	2	3.33
5	Foley, Emma	Newburyport		28.28m	2	3.33
6	Johnson, Lauren	Dracut	74-01	25.77m	1	0.33
7	Ganley, Alli	Wilmington	74-01	25.20m	3	2
8	Krueger, Maddie	Wilmington	73-02	24.40m	3	2
9	Cicolini, Ava	Burlington	71-11	24.15m	1	1.33
10	Tilden, Olivia	Dighton-Rehoboth	81-04.50	23.85m	1	2.66
11	Lin, Jessica	Bedford	96-02	22.67m	1	
12	Pitzen, Sofia	Wilmington	75-10	22.21m	3	2
13	Daigle, Grace	Newburyport		22.16m	2	3.33
14	Hamilton, Alyssa	Burlington	75-02	22.14m	1	1.33
15	Turner, Katie	Medfield	68-09.50	21.81m	2	
16	Gaiero, Kelsey	Burlington	70-09	21.65m	1	1.33
17	Massih, Emma	Canton		21.60m	1	
18	Clarke, Zoe	Dracut	88-03	21.33m	1	0.33
19	Morris, Charlotte	Gloucester	63-04	20.91m	2	
20	Dang, Lana	Tewksbury	71-04	20.80m	3	
21	Stafford, Brooklyn	Gloucester	71-04	20.23m	2	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Girls Discus Throw Relay**

22	Conte, Delia	Tewksbury	70-01	20.07m	3	
23	Little, Maddie	Pembroke		19.80m	3	
24	Pequenezza, Sophie	Dighton-Rehoboth	66-08	19.32m	1	2.66
25	MEEKS, Maddy	Pembroke	69-11	19.26m	3	
26	Slotnick, Luran	Canton		19.10m	1	
27	Gullett, Haven	Gloucester	63-04	19.06m	2	
28	Rokus, Ashley	Holliston	63-05	18.97m	2	0.66
29	Feeney, Bridget	Canton		18.37m	1	
30	Ariel, Emily	Medfield	61-10	18.32m	2	
31	Wernborg, Phoebe	Holliston	61-06	18.20m	2	0.66
32	Hawley, Jennifer	Medfield	52-05	17.80m	2	
33	Protasowicki, Elena	Bedford		17.72m	1	
34	Paul, Noal	Southeastern	64-00	17.45m	3	
35	Panagiotou, Sophia	Bedford		17.20m	1	
36	Leonard, Kaitlyn	Pembroke		17.01m	3	
37	Powers, Jessica	Dracut	65-02	16.94m	1	0.33
38	Boucher, Lily	Tewksbury	54-05	13.64m	3	
39	Semedo, Anai	Southeastern		13.20m	3	

Girls Javelin Throw Relay

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Meet Records: # 33.78m 4/28/2023 Devin Stroope, Newburyport						
Name	Year	School	Seed	Finals	H#	Points
=====						
1	Stroope, Devin	Newburyport	100-09	33.78m#	3	3.33
2	Lin, Jessica	Bedford	98-04	30.30m	1	
3	MacDonald, Molly	Wilmington	97-07	27.97m	1	1.33
4	Sicard, Tatiana	Southeastern	105-00	27.37m	4	2
5	Slotnick, Luran	Canton		27.21m	1	2.66
6	Bouphavongsa, Ava	Pembroke	84-03	26.71m	3	
7	Lavigne, Mariana	Dighton-Rehoboth	99-03	26.53m	1	0.66
8	McElhinney, Deidre	Newburyport		26.11m	3	3.33
9	Ganley, Alli	Wilmington	101-03	25.90m	1	1.33
10	Foley, Emma	Newburyport		25.42m	3	3.33
11	Scibelli, Zoe	Canton		24.87m	1	2.66
12	Smith, Kristina	Tewksbury	92-01	24.83m	4	
13	Jancsics, Anna	Wilmington B	68-11	24.47m	4	
14	Brouady, Hannah	Burlington	96-11	24.27m	1	0.33
15	Hohengasser, Avery	Southeastern	79-09	23.93m	4	2
16	McIsaac, Samantha	Nauset	80-06.50	22.88m	3	
17	McIsaac, Sophie	Nauset	66-08.25	22.23m	3	
18	Ponte, Natasha	Dighton-Rehoboth	71-09.50	21.97m	1	0.66
19	Meyer, Mallorie	Foxborough	85-09	21.85m	2	
20	MEEKS, Maddy	Pembroke	57-09	21.63m	3	
21	Lachapelle, Kaylee	Diman Region	72-07	21.40m	2	
22	Sciarratta, Caroline	Burlington	77-04	21.30m	1	0.33
23	Cabral, Jocanda	Canton		21.22m	1	2.66
24	Hatch, Megan	Medfield	68-07	20.61m	3	
25	Restivo, Ali	Burlington	71-06	20.60m	1	0.33
26	Garverich, Malakai (Lila)	Medfield	78-08	20.50m	3	
27	McCausland, Eden	Diman Region	69-01	20.35m	2	
28	Latour-Brum, Julia	Diman Region	79-00	20.29m	2	
29	Pitzen, Sophia	Wilmington B	64-11	19.95m	4	
30	Schoenfeld, Alyssa	Medfield	75-05	J19.95m	3	
31	Tilden, Olivia	Dighton-Rehoboth	78-04	19.63m	1	0.66

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Girls Javelin Throw Relay**

32	Howie, Abigail	Wilmington B	65-00	19.56m	4	
33	Silva, Joy	Southeastern	68-05	19.34m	4	2
34	Ando, Lassen	Gloucester	73-11	18.92m	2	
35	Lussier, Aliyah	Bedford		18.15m	1	
36	Dang, Lana	Tewksbury	53-00	17.89m	4	
37	Waluk, Rose	Pembroke		17.77m	3	
38	Protasowicki, Elena	Bedford		17.29m	1	
39	Hardwicke, Isabelle	Nauset	69-08	17.24m	3	
40	Gullett, Haven	Gloucester	55-08	17.02m	2	
41	Johnson, Lauren	Dracut	62-03	16.82m	2	
42	Doherty, Emily	Wilmington	70-01	16.70m	1	1.33
43	Groleau, Rose	Gloucester	67-10	16.41m	2	
44	Giallongo, Leah	Dracut	56-04	16.00m	2	
45	Conte, Delia	Tewksbury	63-00	15.63m	4	
46	Powers, Jessica	Dracut	62-05	15.28m	2	
47	Gallo, Emily	Foxborough	60-01	15.16m	2	
48	Brancato, Elizabeth	Foxborough	62-03	13.52m	2	

Boys 4x100 Meter Relay

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 Meet Records: # 43.48 4/28/2023 Pembroke, Pembroke

School	Seed	Finals	H#	Points
1 Pembroke 'A'	43.20	43.48#	6	10
2 Holliston 'A'	44.94	44.69	6	8
3 Newburyport 'A'	44.50	45.08	6	6
4 Tewksbury 'A'	44.93	45.19	6	4
5 Bedford 'A'	47.00	46.21	4	2
6 Dighton-Rehoboth 'A'	45.60	46.30	6	1
7 Scituate 'A'	47.00	46.31	5	
8 Whittier Rvt 'A'	46.56	46.35	5	
9 Pembroke 'B'	45.70	46.42	6	
10 Grafton 'A'	47.00	46.81	4	
11 Burlington 'A'	45.82	46.95	5	
12 Medfield 'A'	47.00	47.31	5	
13 Dracut 'A'	47.10	47.48	4	
14 Nauset 'A'	48.90	47.64	3	
15 Foxborough 'A'	47.40	47.96	4	
16 Gloucester 'A'	47.20	48.46	4	
17 Diman Regional Voc/Tech 'A'	48.20	48.78	4	
18 Newburyport 'B'	50.10	49.05	2	
19 Burlington 'B'	50.28	49.34	1	
20 Southeastern Reg. Voc/Tech 'B'	48.50	49.41	3	
21 Dracut 'B'	48.50	50.01	3	
22 Medfield 'B'	49.00	50.03	3	
23 Falmouth 'A'	49.10	50.06	2	
24 Wilmington 'A'	47.00	50.24	5	
25 Wilmington 'B'	48.50	50.55	3	
26 Dighton-Rehoboth 'B'	49.70	51.41	2	
27 Gloucester 'B'	51.90	51.73	1	
28 Grafton 'B'	52.00	53.75	1	
-- Bedford 'B'	49.30	DNF	2	
-- Southeastern Reg. Voc/Tech 'A'	46.00	DNF	5	
-- Tewksbury 'B'	49.07	DQ	3	

ZONE3 VIOLATION

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****Boys 4x200 Meter Relay**

Meet Records: # 1:29.62 2015 , Norton				
School	Seed	Finals	H#	Points
1 Pembroke 'A'	1:32.00	1:31.49	5	10
2 Tewksbury 'A'	1:34.67	1:33.18	5	8
3 Burlington 'A'	1:35.00	1:34.38	5	6
4 Gloucester 'A'	1:35.60	1:36.15	5	4
5 Dighton-Rehoboth 'A'	1:36.00	1:36.87	4	2
6 Scituate 'A'	1:42.00	1:37.82	3	1
7 Grafton 'A'	1:39.00	1:38.31	3	
8 Whittier Rvt 'A'	1:42.46	1:38.37	2	
9 Wilmington 'A'	1:36.00	1:38.68	4	
10 Newburyport 'A'	1:35.89	1:39.26	5	
11 Holliston 'A'	1:35.17	1:39.81	5	
12 Dracut 'A'	1:39.00	1:40.58	3	
13 Bedford 'A'	1:38.00	1:43.70	4	
14 Bedford 'B'	1:42.00	1:43.94	3	
15 Medfield 'A'	1:36.00	1:45.26	4	
16 Southeastern Reg. Voc/Tech 'B'	1:42.00	1:45.27	3	
17 Gloucester 'B'	1:45.20	1:45.56	2	
18 Wilmington 'B'	1:39.00	1:46.63	4	
19 Burlington 'B'	1:45.00	1:46.75	2	
20 Medfield 'B'	1:42.00	1:46.98	3	
21 Dracut 'B'	1:45.00	1:47.09	2	
22 Falmouth 'A'	1:49.20	1:47.42	1	
23 Tewksbury 'B'	1:44.20	1:48.75	2	
24 Newburyport 'B'	1:47.00	1:49.27	1	
25 Dighton-Rehoboth 'B'	1:51.00	1:52.24	1	

Boys 4x400 Meter Relay

Meet Records: # 3:27.20 1989 , Dorchester				
School	Seed	Finals	H#	Points
1 Tewksbury 'A'	3:35.00	3:33.64	3	10
2 Gloucester 'A'	3:42.00	3:34.11	3	8
3 Burlington 'A'	3:36.07	3:35.90	3	6
4 Holliston 'A'	3:48.00	3:38.62	2	4
5 Foxborough 'A'	3:45.00	3:42.29	2	2
6 Wilmington 'A'	3:37.00	3:43.75	3	1
7 Falmouth 'A'	3:51.30	3:45.37	2	
8 Pembroke 'A'	3:40.26	3:45.48	3	
9 Newburyport 'A'	3:31.00	3:51.16	3	
10 Dighton-Rehoboth 'A'	3:55.00	3:59.17	2	
11 Wilmington 'B'	3:51.00	4:00.69	2	
12 Dighton-Rehoboth 'B'	4:15.00	4:05.27	1	
13 Tewksbury 'B'	4:15.00	4:08.02	1	
14 Medfield 'A'	4:05.00	4:10.25	1	
15 Gloucester 'B'	4:11.70	4:11.17	1	
16 Burlington 'B'	4:10.00	4:22.35	1	
-- Grafton 'A'	3:44.00	DQ	2	

BREAK LINE VIOLATI

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****Boys 4x800 Meter Relay**

Meet Records: # 7:58.50 1998 , Weston				
School	Seed	Finals	H#	Points
1 Bedford 'A'	8:27.00	8:25.53	2	10
2 Burlington 'A'	8:40.00	8:35.69	2	8
3 Tewksbury 'A'	8:43.13	8:39.04	2	6
4 Pembroke 'A'	8:39.22	8:45.46	2	4
5 Foxborough 'A'	9:00.00	8:50.50	2	2
6 Pembroke 'B'	9:00.00	9:11.50	2	1
7 Gloucester 'A'	9:30.80	9:17.87	1	
8 Wilmington 'A'	9:03.86	9:26.41	2	
9 Holliston 'A'	9:49.00	9:42.66	1	
10 Dighton-Rehoboth 'A'	9:32.00	9:42.71	1	
11 Burlington 'B'	9:30.00	9:44.55	1	
12 Medfield 'A'	10:00.00	10:01.51	1	
13 Gloucester 'B'	10:44.90	10:24.44	1	
14 Tewksbury 'B'	11:00.00	10:24.95	1	

Boys 4x1600 Meter Relay

Meet Records: # 18:15.39 2016 , Newburyport				
School	Seed	Finals	Points	
1 Gloucester 'A'	18:36.50	18:40.62	10	
2 Burlington 'A'	18:10.00	19:02.88	8	
3 Newburyport 'A'	18:50.00	19:05.70	6	
4 Burlington 'B'	19:45.00	19:28.77	4	
5 Tewksbury 'A'	19:23.27	19:39.02	2	
6 Wilmington 'A'	19:30.00	19:41.71	1	
7 Medfield 'A'	20:15.00	20:05.51		
8 Foxborough 'A'	20:30.00	20:19.70		
9 Pembroke 'A'	19:30.00	21:21.34		

Boys 1600 Sprint Medley

Meet Records: # 3:30.65 2009 , Hamilton Wenham				
School	Seed	Finals	H#	Points
1 Gloucester 'A'	3:42.20	3:43.46	4	10
2 Falmouth 'A'	3:41.00	3:45.14	4	8
3 Nauset 'A'	3:57.00	3:50.80	3	6
4 Wilmington 'A'	3:50.00	3:51.27	4	4
5 Newburyport 'A'	3:55.00	3:54.97	4	2
6 Gloucester 'B'	3:48.90	3:54.98	4	1
7 Medfield 'A'	3:59.00	3:59.03	3	
8 Grafton 'A'	4:05.00	4:01.19	2	
9 Diman Regional Voc/Tech 'A'	3:58.50	4:03.82	3	
10 Southeastern Reg. Voc/Tech 'A'	4:07.00	4:04.81	2	
11 Holliston 'A'	3:45.71	4:06.45	4	
12 Bedford 'A'	4:03.50	4:08.31	3	
13 Scituate 'A'	4:20.00	4:09.32	1	
14 Pembroke 'A'	4:09.00	4:10.59	2	
15 Tewksbury 'A'	4:07.00	4:13.05	2	
16 Tewksbury 'B'	4:25.00	4:25.77	1	
17 Medfield 'B'	4:15.00	4:26.77	2	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Boys 1600 Sprint Medley**

18	Wilmington	'B'	4:20.00	4:27.98	2	
19	Dighton-Rehoboth	'B'	4:38.00	4:37.53	1	
20	Burlington	'A'	4:40.00	4:41.09	1	
--	Dighton-Rehoboth	'A'	4:04.00	DQ	3	200 TO 200 ZONE

Boys Distance Medley

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 Meet Records: # 10:23.50 1972 , Norwell

School	Seed	Finals	Points
1 Burlington 'A'	11:05.00	10:49.29	10
2 Gloucester 'A'	10:31.70	10:53.78	8
3 Bedford 'A'	11:27.00	11:27.75	6
4 Holliston 'A'	10:49.00	11:34.26	4
5 Newburyport 'A'	11:33.00	11:34.95	2
6 Pembroke 'A'	11:41.16	11:38.88	1
7 Wilmington 'A'	11:30.00	11:43.22	
8 Ashland 'A'	11:50.00	11:58.96	
9 Burlington 'B'	12:00.00	12:02.82	
10 Medfield 'A'	12:00.00	12:04.71	
11 Southeastern Reg. Voc/Tech 'A'	12:00.00	12:34.61	
12 Whittier Rvt 'A'	11:59.00	12:36.66	
13 Grafton 'A'	11:30.00	13:01.85	
14 Foxborough 'A'	12:00.00	13:01.87	

Boys 4x110 Meter Shuttle Hurdle

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 Meet Records: # 1:00.40 2005 , Stoneham

School	Seed	Finals	H#	Points
1 Burlington 'A'	1:11.50	1:05.13	2	10
2 Southeastern Reg. Voc/Tech 'A'	1:08.00	1:08.69	3	8
3 Nauset 'A'	1:07.00	1:09.83	3	6
4 Foxborough 'A'	1:10.00	1:10.15	3	4
5 Pembroke 'A'	1:19.00	1:13.64	1	2
6 Holliston 'A'		1:14.40	1	1
7 Medfield 'A'	1:15.00	1:16.04	2	
8 Burlington 'B'	1:22.00	1:20.40	1	
9 Wilmington 'A'	1:15.00	1:22.20	2	

Boys High Jump Relay

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 Meet Records: # 5.78m 2010 , Hamilton-Wenham

Name	Year	School	Seed	Finals	Points
1 Barr, Andrew		Medfield	6-03.00	1.83m	2.66
2 Lima, Kaua		Holliston	5-04.00	1.78m	3.33
3 Wolinski, Elijah		Burlington	6-01.00	1.73m	1
3 Doll-Milard, Sam		Southeastern	5-10.00	1.73m	2
5 Houghton, Gavin		Pembroke		J1.73m	1
6 Vargas, Ky'lee		Holliston	5-08.00	J1.73m	3.33
7 Curtis, Jaden		Southeastern	6-00.00	J1.73m	2
8 Patrone, Sean		Wilmington	5-08.00	1.65m	0.33
8 Sands, Hunter		Wilmington	5-08.00	1.65m	0.33
8 Desmond, Charles		Burlington	5-08.00	1.65m	1

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Boys High Jump Relay**

8	Cornwell, Conor	Holliston		1.65m	3.33
12	Baker, Ashvin	Wilmington	5-06.00	J1.65m	0.33
13	Guckenberger, Greg	Newburyport		J1.65m	
14	Rully, Alex	Newburyport		J1.65m	
15	Flamand, Sam	Medfield	5-06.00	J1.65m	2.66
16	Chahed, Andrew	Pembroke		J1.65m	1
17	Gonzalez, Aydea	Southeastern		1.58m	2
17	Tracy, Kyle	Pembroke		1.58m	1
17	Callahan, Tyler	Burlington	5-06.00	1.58m	1
17	Osazuwa, Yobo	Newburyport		1.58m	
21	Kraemer, Kyle	Medfield		J1.58m	2.66
--	Kelley, Glen	Grafton	5-04.00	NH	

Boys Pole Vault Relay

Meet Records: # 10.82m 1979 , Duxbury

Name	Year	School	Seed	Finals	Points
1	Callahan, Jack	Tewksbury	9-06.00	2.88m	3.33
2	Callahan, Tyler	Burlington	9-00.00	2.73m	2.33
2	Contardi, Brandon	Tewksbury	9-06.00	2.73m	3.33
4	Budhathoki, Aashutosh	Bedford	8-06.00	J2.73m	2.33
4	Desmond, Charles	Burlington	9-00.00	J2.73m	2.33
6	Benson, Peter	Bedford	8-00.00	J2.73m	2.33
7	Veits, Mason	Tewksbury	9-06.00	2.43m	3.33
8	Giusti, Dominic	Bedford	7-06.00	2.28m	2.33
8	Kim, Evan	Burlington	8-00.00	2.28m	2.33

Boys Long Jump Relay

Meet Records: # 19.17m 1990 , Norton

Name	Year	School	Seed	Finals	H#	Points
1	Wolinski, Elijah	Burlington	21-05.25	6.31m	4	3.33
2	Leonard, Jayden	Pembroke	19-11.50	6.22m	2	2
3	Teague, Connor	Holliston	19-02.25	6.20m	3	2.66
4	Donagher, Liam	Grafton	19-02.00	6.18m	3	
5	Hynes, Ean	Newburyport	19-11.00	J6.18m	2	1.33
6	Abbott, Anthony	Burlington	19-08.50	6.09m	4	3.33
7	Sweeney, Brady	Holliston	19-01.00	5.98m	3	2.66
8	Montvila, Sarunas	Holliston	20-00.25	5.92m	3	2.66
9	Brooks, Ryan	Burlington	18-10.00	5.88m	4	3.33
10	Ram-Tylerbest, Julian	Medfield	20-10.00	5.87m	2	0.33
11	Dill, Paytah	Nauset	18-01.00	5.85m	2	
12	Magliozzi, Jonathan	Wilmington	20-04.50	5.82m	1	0.66
13	Allard, Sam	Scituate	19-04.00	5.77m	1	
14	Wise, Jalen	Newburyport	19-01.00	5.76m	2	1.33
15	Philiossaint, Martin	Wilmington	18-04.00	5.71m	1	0.66
16	Foley, Lawson	Scituate	18-09.00	5.69m	1	
17	Dalton, William	Dighton-Rehoboth	16-10.00	J5.69m	4	
18	Will, MacNamara	Pembroke	19-00.00	5.66m	2	2
19	D'Angelo, Joesph T	Pembroke	19-11.00	5.63m	2	2
20	Pierre, Christian	Southeastern	19-10.25	J5.63m	1	
21	Linehan, Kaisei	Medfield	18-10.00	5.61m	2	0.33
22	Diedricksen, Jonas	Southeastern	18-10.00	5.57m	1	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Boys Long Jump Relay**

23	Pierre, Carl	Southeastern	18-11.00	5.54m	1	
24	Tram, Andrew	Bedford	19-00.00	5.53m	4	
25	Melano, Alexander	Nauset	18-07.25	5.50m	2	
26	DaSilva, Joel	Dighton-Rehoboth	18-01.00	5.43m	4	
27	Mayo, Logan	Grafton	18-10.00	5.42m	3	
28	Nina, Joel	Whittier Rvt	18-00.00	5.41m	1	
29	Nguyen, Martin	Bedford	18-04.00	5.38m	4	
30	Almanzar, Nicholas	Whittier Rvt	18-05.00	5.36m	1	
31	Burke, Aidan	Wilmington	17-11.50	5.32m	1	0.66
32	Robinson, Isaiah	Nauset	18-05.25	5.31m	2	
33	Cramer, Kyle	Medfield		5.30m	2	0.33
34	Diaz Tavares, David	Dighton-Rehoboth	17-08.00	5.26m	4	
35	Brennan, Kane	Newburyport	18-00.00	5.19m	2	1.33
36	Killen, Brady	Whittier Rvt		5.06m	1	
37	Mengata, Colby	Tewksbury	17-08.00	5.03m	1	
38	Jules, Samuel	Foxborough	18-04.00	J5.03m	3	
39	Galman, Gil	Bedford	18-00.00	5.00m	4	
40	Dunac, Dante	Tewksbury	18-01.00	4.96m	1	
41	Norton, Kyle	Scituate		4.87m	1	
42	Cosentino, Leo	Gloucester	17-06.00	4.80m	3	
43	Cusick, Landen	Gloucester	16-06.00	4.77m	3	
44	Lorick, Romyn	Tewksbury	17-05.00	4.57m	1	
45	Clements, Nick	Gloucester	15-09.50	4.44m	3	
46	Sillah, Ishmel	Foxborough	17-09.50	4.22m	3	
47	Omeumu, Edosa	Foxborough	17-00.25	3.25m	3	
--	Calvary, Jamoko	Grafton		FOUL	3	

Boys Triple Jump Relay

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 Meet Records: # 38.58m 2011 , Hamilton-Wenham

Name	Year	School	Seed	Finals	H#	Points
1	Cuvier, Ryan	Tewksbury	41-06.50	12.70m	1	3.33
2	Barr, Andrew	Medfield	36-09.00	12.57m	2	
3	Achonolu, Elijah	Tewksbury	42-03.00	12.52m	1	3.33
4	Jamoko, Calvary	Grafton	40-02.00	12.25m	3	
5	Catanzano, Salvatore	Tewksbury	38-07.00	12.22m	1	3.33
6	Montvila, Sarunas	Holliston	38-11.00	12.12m	2	2.66
7	Wise, Jalen	Newburyport	41-07.75	12.09m	2	1.33
8	Robinson, Isaiah	Nauset	40-03.25	11.85m	2	0.66
9	Stalzer, Thomas	Holliston	36-10.50	11.84m	2	2.66
10	Rully, Alex	Newburyport		11.77m	2	1.33
11	Carriere, Noah	Wilmington	36-07.75	11.70m	1	
12	Pierre, Christian	Southeastern	39-11.00	11.68m	1	2
13	Will, MacNamara	Pembroke		11.45m	1	0.33
14	Gardner, Nate	Gloucester	42-07.50	11.40m	3	
15	Melano, Alexander	Nauset	36-01.25	11.34m	2	0.66
16	Spiro, Lev	Holliston	34-06.25	11.25m	2	2.66
17	Penha, Shyeim	Southeastern	36-08.00	11.24m	1	2
18	Pinney, Elijah	Southeastern	34-02.00	11.23m	1	2
19	Kim, Evan	Burlington	36-09.00	11.20m	3	
20	Chahed, Andrew	Pembroke		11.09m	1	0.33
21	Straub, Cole	Pembroke		11.04m	1	0.33
22	Rosa, Charlie	Wilmington	38-04.00	10.92m	1	
23	Barbosa, Kayky	Gloucester	36-04.75	10.69m	3	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****....Boys Triple Jump Relay**

24	Philiossaint, Martin	Wilmington	36-11.00	10.68m	1	
25	Newton, Jack	Gloucester	32-09.00	10.58m	3	
26	Pacileo, Ryan	Nauset	33-00.25	10.57m	2	0.66
27	Shannon, Cole	Burlington	34-07.00	10.56m	3	
28	Brown, Sam	Scituate	34-01.00	10.44m	1	
29	Steinmeier, Lachlan	Scituate	33-07.25	10.28m	1	
30	Guckenberger, Greg	Newburyport		10.19m	2	1.33
31	Tavares, Ashtyn	Dighton-Rehoboth	33-08.00	10.13m	3	
32	Murray, Alex	Burlington	36-07.75	J10.13m	3	
33	Martino, Jordan	Grafton	32-01.00	10.08m	3	
34	Schoenfeld, Roman	Medfield	35-00.00	J10.08m	2	
35	Shaw, Zander	Grafton	33-07.00	10.01m	3	
36	Lindgren, Aiden	Medfield		9.88m	2	
37	Chick, Quentin	Scituate	33-03.00	9.79m	1	
38	Ferreira, Zackary	Dighton-Rehoboth	32-04.00	9.25m	3	
39	Hebda, Jonah	Dighton-Rehoboth	30-00.75	8.72m	3	

Boys Shot Put Relay

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 Meet Records: # 47.08m 1977 , Duxbury

Name	Year	School	Seed	Finals	H#	Points
1	Sacca, Julian	Burlington	48-06.25	14.17m	3	3.33
2	Flanagan, Joe	Foxborough	47-07.00	13.88m	2	2.66
3	Williams, Chrisitopher	Burlington	43-06.00	13.81m	3	3.33
4	Toppan, Michael	Gloucester	40-09.00	12.77m	2	2
5	Ryan, Aidan	Medfield	41-02.25	12.76m	2	1.33
6	Adams, Kyle	Tewksbury	43-10.50	12.69m	1	0.66
7	Barbosa, Kayky	Gloucester	36-00.00	12.23m	2	2
8	Christianson, Cole	Pembroke	42-05.50	12.03m	1	0.33
9	Mazenkas-O'Grady, Brando	Foxborough	39-06.00	11.80m	2	2.66
10	Conte, Kevin	Burlington B	37-08.00	11.53m	3	
11	Crowell, Nick	Dracut		11.49m	3	
12	Mengata, Manny	Tewksbury	38-08.00	11.32m	1	0.66
13	Norman, Patrick	Pembroke	34-00.00	11.12m	1	0.33
14	O'Reilly, Michael	Medfield	36-00.50	10.90m	2	1.33
15	Vaughn, Owen	Holliston		J10.90m	2	
16	Huddleston, Braden	Wilmington	35-06.25	10.89m	1	
17	Martinez, Francisco	Medfield	35-10.00	J10.89m	2	1.33
18	Walker, Aiden	Grafton	36-01.00	J10.89m	2	
19	Raffo, Andrew	Holliston	32-05.75	J10.89m	2	
20	Zibrida, Tim	Dighton-Rehoboth	36-05.50	10.84m	3	
21	O'Malley, Daniel	Foxborough	36-02.00	10.70m	2	2.66
22	Capobianco, David	Burlington B	35-03.00	10.68m	3	
23	Welch, Liam	Burlington	40-05.50	10.58m	3	3.33
24	St. James, Camden	Dighton-Rehoboth	35-00.00	10.56m	3	
25	Pessolano, Cade	Newburyport		10.39m	1	
26	Katendre, Christian	Burlington B	35-03.00	10.35m	3	
27	Mengata, Colby	Tewksbury	42-07.00	10.33m	1	0.66
28	Lydon, Liam	Wilmington	35-07.75	10.30m	1	
29	Shaw, Zander	Grafton	30-09.00	10.20m	2	
30	Romano, Cole	Dracut		10.17m	3	
31	Jones, Jason	Southeastern	35-03.25	10.13m	1	
32	Heanue, Samuel	Gloucester	34-03.00	10.07m	2	2
33	Doherty, Seth	Pembroke	27-03.25	10.06m	1	0.33

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****....Boys Shot Put Relay**

34	Gibson, Mehkei	Southeastern		10.05m	1
35	Cabrera Gomez, Juelz	Dracut		10.02m	3
36	Lodge, Jayvon	Southeastern	31-02.00	9.82m	1
37	Thibert, Evan	Dighton-Rehoboth	32-09.50	9.76m	3
38	Valevski, Vladimir	Holliston		9.69m	2
39	Gorham, Lucas	Wilmington	37-01.00	9.55m	1
40	Hartford, Sam	Newburyport		9.49m	1
41	Berube, Cooper	Grafton	39-11.00	8.89m	2
42	Cochran, Wesley	Newburyport	28-04.25	8.81m	1

Boys Discus Throw Relay

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 Meet Records: # 132.24m 1977 , Duxbury

Name	Year	School	Seed	Finals	H#	Points
1 Adams, Kyle		Tewksbury	136-05	38.80m	1	3.33
2 Ryan, Aidan		Medfield	120-07	38.59m	2	2
3 Mengata, Manny		Tewksbury	98-05	38.27m	1	3.33
4 Welch, Liam		Burlington	105-09	36.98m	3	2.66
5 Norman, Patrick		Pembroke	121-09	36.47m	1	
6 Flanagan, Joe		Foxborough	110-01	35.10m	3	
7 Thompson, Daniel		Scituate	97-05	33.78m	1	0.33
8 O'Reilly, Michael		Medfield	92-04	32.85m	2	2
9 Huddleston, Braden		Wilmington	98-10	31.79m	1	0.66
10 Zibrida, Tim		Dighton-Rehoboth	01-04.50	31.00m	3	1.33
11 Walker, Aiden		Grafton	101-02	30.95m	2	
12 Sacca, Julian		Burlington	101-08	30.93m	3	2.66
13 Ready, Cameron		Dighton-Rehoboth	97-09	30.88m	3	1.33
14 Crowell, Nick		Dracut		30.69m	3	
15 Katende, Christian		Burlington	115-01	30.30m	3	2.66
16 Ullmann, Colby		Holliston	93-09	30.10m	2	
17 McCormack, Aidan		Scituate	85-05	29.97m	1	0.33
18 Williams, Chris		Burlington B	99-09	29.95m	3	
19 Jones, Jason		Southeastern	108-01	29.88m	1	
20 Gorham, Lucas		Wilmington	94-07	29.70m	1	0.66
21 Brown, Brody		Newburyport	83-06	28.82m	2	
22 Doll-Milard, Sam		Southeastern	97-06	28.39m	1	
23 Bunten, Isaiah		Burlington B	92-06	27.84m	3	
24 Campos, Braydon		Dighton-Rehoboth	73-01	27.60m	3	1.33
25 DeGloria, Nick		Tewksbury	120-05	26.70m	1	3.33
26 Preston, Will		Burlington B	89-00	26.58m	3	
27 Stott, Charlie		Holliston	85-02	26.46m	2	
28 Romano, Cole		Dracut		26.07m	3	
29 Higgins, Nicholas		Foxborough	79-08	25.90m	3	
30 Sheehan, Tyler		Wilmington	111-06	25.63m	1	0.66
31 Frazier, Declan		Medfield	76-06	25.13m	2	2
32 Alves, Vladimir		Southeastern	83-00	25.00m	1	
33 Comeau, Brandon		Foxborough	81-07	24.96m	3	
34 Soundis, Zachary		Gloucester	82-04	24.90m	2	
35 Beauchesne, Brian		Dracut		24.88m	3	
36 Inciong, Nathaniel		Grafton	89-08	24.60m	2	
37 Toppan, Michael		Gloucester	102-00	23.58m	2	
38 Lukowiak, Ryan		Holliston	52-06	23.30m	2	
39 Allen, Max		Scituate	75-05.75	22.81m	1	0.33
40 Cochran, Wesley		Newburyport		22.67m	2	

MSTCA D4 Relays - 4/28/2023**Pembroke High School****Results****...Boys Discus Throw Relay**

41 Roper, Will	Newburyport		22.17m	2
42 Considine, Jeff	Pembroke		21.72m	1
43 Berube, Cooper	Grafton	95-06	21.71m	2
44 MacWhinnie, Cullen	Gloucester	79-11	21.32m	2
45 Christianson, Cole	Pembroke		18.43m	1

Boys Javelin Throw Relay

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 Meet Records: # 131.28m 2012 , Seekonk

Name	Year	School	Seed	Finals	H#	Points
1 Keen, Harrison		Foxborough	159-00	42.19m	3	1.33
2 Adams, Kyle		Tewksbury	146-02	40.88m	1	0.33
3 Schoenfeld, Roman		Medfield	120-10	39.92m	2	
4 Kolman, Daniel		Newburyport		39.59m	1	2.66
5 Loisel, Cooper		Wilmington	129-04	39.32m	1	3.33
6 Tosone, Jack		Pembroke		39.04m	1	
7 Bunten, Isaiah		Burlington	133-06	38.97m	3	2
8 Conte, Kevin		Burlington	118-01	38.80m	3	2
9 Ibbitson, Aiden		Holliston	115-07	38.44m	2	0.66
10 Miles, Ryan		Newburyport		38.00m	1	2.66
11 Burke, Aidan		Wilmington	111-00	37.77m	1	3.33
12 Majkut, Stephen		Holliston	126-11	37.21m	2	0.66
13 Huddleston, Braden		Wilmington	110-10	36.99m	1	3.33
14 Jones, Jason		Southeastern	127-00	36.85m	1	
15 Richard, Cashton		Diman Region	115-03	36.24m	3	
16 Ashmore, Caden		Grafton	133-10	35.60m	2	
17 Brown, Brody		Newburyport	110-04	35.51m	1	2.66
18 Tucci, Marcus		Burlington	120-05	35.23m	3	2
19 Tosone, Nate		Pembroke		34.52m	1	
20 Greene, Giovanni		Southeastern	122-06	33.98m	1	
21 Raymond, Curtis		Foxborough	113-05	33.75m	3	1.33
22 DeGloria, Nick		Tewksbury	111-00	33.59m	1	0.33
23 Joline, Spencer		Medfield	128-01	32.90m	2	
24 Francis, Michael		Gloucester	114-00	32.89m	2	
25 Morgado, Mason		Dighton-Rehoboth	98-03	32.70m	3	
26 Keen, Max		Foxborough	108-02	32.43m	3	1.33
27 Curtis, Jaden		Southeastern	134-00	32.19m	1	
28 Martino, Jordan		Grafton	109-10	31.92m	2	
29 Mendez, CJ		Diman Region	113-02	31.23m	3	
30 Miller, Aiden		Grafton	99-04	30.19m	2	
31 McKeown, Brady		Pembroke		30.14m	1	
32 Humphrey, William		Tewksbury	110-06	29.89m	1	0.33
33 Hall, Robert		Diman Region	104-05	29.64m	3	
34 Sullivan, Chris		Medfield	99-07	29.32m	2	
35 Nunes, Tony		Holliston		28.92m	2	0.66
36 MacWhinnie, Cullen		Gloucester	89-00	28.75m	2	
37 Lavigne, Michael		Dighton-Rehoboth	88-10	26.75m	3	
38 Coutu, Jacob		Dighton-Rehoboth	111-11	25.53m	3	
39 Patten, Brady		Gloucester	108-07	22.45m	2	