

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls 4x100 Meter Relay**

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Meet Record:	R 49.59	4/29/2023	North Reading, North Reading			
School			Seed	Finals	H#	Points
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Finals						
1	North Reading 'A'		48.50	49.59R	6	10
2	Norton 'A'		51.25	50.21	6	8
3	Dedham 'A'		53.20	51.02	5	6
4	Pentucket 'A'		52.80	51.47	6	4
5	Norwell 'A'		52.80	51.57	6	2
6	Apponequet 'A'		54.30	52.32	4	1
7	Medway 'A'		53.20	52.75	5	
8	Middleboro 'A'		53.10	53.59	5	
9	Old Rochester 'A'		55.33	53.67	3	
10	Dover-Sherborn 'A'		54.80	53.70	3	
11	Randolph 'A'		52.84	53.72	6	
12	North Reading 'B'		58.00	53.89	2	
13	Marthas Vineyard 'A'		54.66	53.93	4	
14	Seekonk 'A'		54.00	54.05	4	
15	Quabbin 'A'		53.32	54.15	5	
16	Dennis-Yarmouth 'A'		51.57	54.39	6	
17	East Bridgewater 'A'		52.97	54.52	5	
18	Apponequet 'B'		57.40	54.85	3	
19	Triton 'A'		54.20	55.00	4	
20	Groton-Dunstable 'A'		55.00	55.11	3	
21	Bishop Fenwick 'A'		57.98	56.38	2	
22	Brighton 'A'		1:01.00	56.41	1	
23	Lynnfield 'A'		53.74	56.49	4	
24	Sturgis West 'A'		57.50	56.64	2	
25	Dennis-Yarmouth 'B'		59.00	57.39	1	
26	Sandwich 'A'		53.42	57.61	5	
27	Weston 'A'		57.00	58.20	3	
28	Swampscott 'A'		55.45	58.94	3	
29	Watertown 'A'		59.90	1:01.62	1	

**Girls 4x200 Meter Relay**

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Meet Record:	R 1:45.44	4/29/2023	North Reading, North Reading			
School			Seed	Finals	H#	Points
=====						
1	North Reading 'A'		1:45.91	1:45.44R	5	10
2	Triton 'A'		1:47.50	1:46.39	5	8
3	Middleboro 'A'		1:50.52	1:49.03	5	6
4	Apponequet 'A'		1:50.50	1:49.04	5	4
5	Pentucket 'A'		1:50.69	1:49.65	5	2
6	Norwell 'A'		1:54.00	1:52.58	5	1
7	Marthas Vineyard 'A'		1:54.87	1:53.64	4	
8	Medway 'A'		1:55.50	1:55.10	4	
9	Seekonk 'A'		1:58.00	1:55.67	3	
10	Dover-Sherborn 'A'		2:21.50	1:56.80	1	
11	Norton 'A'		1:57.00	1:57.08	3	
12	Randolph 'A'		2:03.62	1:57.11	2	
13	East Bridgewater 'A'		1:55.00	1:57.85	4	
14	Triton 'B'		1:54.50	1:58.80	4	
15	Bishop Fenwick 'A'		1:59.07	1:59.05	2	
16	Dedham 'A'		2:10.00	1:59.12	1	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Girls 4x200 Meter Relay**

17 Sandwich 'A'	1:58.00	2:00.16	3
18 Watertown 'A'	2:06.00	2:02.19	2
19 Groton-Dunstable 'A'	1:58.00	2:02.54	3
20 Middleboro 'B'		2:02.60	1
21 North Reading 'B'	2:00.00	2:02.72	2
22 Quabbin 'A'	2:00.00	2:03.47	2
23 Swampscott 'A'	2:06.00	2:03.48	1
24 Dennis-Yarmouth 'B'	2:12.00	2:03.52	1
25 Pentucket 'B'	1:57.00	2:03.71	3
26 Quabbin 'B'	2:08.00	2:08.16	1
27 Lynnfield 'A'	1:56.36	2:09.82	3

**Girls 4x400 Meter Relay**

=====						
Meet Record: R 4:05.84 4/29/2023 Triton, Triton						
School	Seed	Finals	H#	Points		
=====						
1 Triton 'A'	4:06.00	4:05.84R	3	10		
2 Weston 'A'	4:09.00	4:14.20	3	8		
3 Norwell 'A'	4:14.00	4:17.70	3	6		
4 Old Rochester 'A'	4:28.23	4:23.07	2	4		
5 Apponequet 'A'	4:31.29	4:31.94	2	2		
6 Sandwich 'A'	4:27.12	4:32.77	3	1		
7 Dennis-Yarmouth 'A'	4:24.10	4:33.74	3			
8 Triton 'B'	4:38.00	4:37.03	1			
9 East Bridgewater 'A'	4:36.40	4:39.20	1			
10 Seekonk 'A'	4:31.00	4:41.07	2			
11 Pentucket 'A'	4:45.00	4:41.15	1			
12 Dover-Sherborn 'A'	4:35.00	4:44.23	2			
13 Sturgis West 'A'	4:42.00	4:45.93	1			
14 Middleboro 'A'	4:35.00	4:49.31	1			
15 Norton 'A'	4:35.00	4:50.94	2			
16 Quabbin 'A'	4:46.00	4:53.20	1			

**Girls 4x800 Meter Relay**

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Meet Record: R 9:46.47 4/29/2023 Weston, Weston						
School	Seed	Finals	Points			
=====						
1 Weston 'A'	9:50.00	9:46.47R	10			
2 Triton 'A'	10:00.00	10:03.91	8			
3 Dennis-Yarmouth 'A'	10:15.00	10:21.58	6			
4 Old Rochester 'A'	10:40.24	10:32.51	4			
5 Norton 'A'	10:38.00	10:57.95	2			
6 Middleboro 'A'	11:00.00	11:00.08	1			
7 Triton 'B'	11:15.00	11:10.25				
8 Apponequet 'A'	11:50.26	11:11.93				
9 Pentucket 'A'	11:25.00	11:15.11				
10 Dennis-Yarmouth 'B'	11:00.00	11:31.46				
11 Quabbin 'A'	11:40.00	11:35.00				
12 North Reading 'A'	11:00.00	11:47.11				

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls 4x1600 Meter Relay**

Meet Record: R 23:36.77 2022 , Weston			
School	Seed	Finals	Points
1 Norwell 'A'	23:55.00	23:59.13	10
2 North Reading 'A'	23:00.00	25:44.11	8
3 Sandwich 'A'	25:00.00	25:54.03	6

**Girls 1600 Sprint Medley**

Meet Record: R 4:13.31 2022 , Weston				
School	Seed	Finals	H#	Points
1 Norton 'A'	4:16.54	4:13.62	4	10
2 Dennis-Yarmouth 'A'	4:28.26	4:23.39	4	8
3 North Reading 'A'	4:20.76	4:24.84	4	6
4 Marthas Vineyard 'A'	4:32.00	4:29.73	4	4
5 Seekonk 'A'	4:34.00	4:34.94	3	2
6 Bishop Fenwick 'A'	4:25.19	4:36.14	4	1
7 Sandwich 'A'	4:50.00	4:36.23	3	
8 Dover-Sherborn 'A'	4:31.00	4:39.15	4	
9 Quabbin 'A'	5:00.00	4:39.55	2	
10 Watertown 'A'	4:55.00	4:43.44	2	
11 Weston 'A'	4:50.00	4:43.74	3	
12 Dedham 'A'	4:55.00	4:46.28	2	
13 Sturgis West 'A'	4:49.00	4:50.48	3	
14 East Bridgewater 'A'	5:00.00	4:59.79	2	
15 Hopedale 'A'	5:00.00	5:06.91	1	
16 Cardinal Spellman 'A'	5:00.00	5:10.30	2	
17 Randolph 'A'	4:38.00	5:13.98	3	
18 Lynnfield 'A'	4:44.71	5:19.58	3	
19 Pentucket 'A'	5:30.00	5:35.00	1	

**Girls Distance Medley**

Meet Record: R 13:13.42 4/29/2023 Groton-Dunstable, Groton-Dunst			
School	Seed	Finals	Points
1 Groton-Dunstable 'A'	12:50.00	13:13.42R	10
2 Weston 'A'	13:40.00	13:22.24	8
3 Dennis-Yarmouth 'A'	13:45.47	13:30.88	6
4 Bishop Fenwick 'A'	13:44.93	13:32.02	4
5 Norton 'A'	13:20.00	13:40.69	2
6 North Reading 'A'	12:55.00	13:44.23	1
7 Dover-Sherborn 'A'	13:15.00	13:47.65	
8 Norwell 'A'	13:45.00	13:52.63	
9 Watertown 'A'	14:20.00	14:05.86	
10 Triton 'A'	13:10.00	14:10.60	
11 Sturgis West 'A'	14:55.00	14:33.15	
12 Sandwich 'A'	13:19.00	14:38.10	
13 Lynnfield 'A'	14:10.00	15:12.24	
14 Quabbin 'A'	15:30.00	15:20.10	
15 East Bridgewater 'A'	14:51.00	15:39.92	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls 4x100 Meter Shuttle Hurdle**

Meet Record: R 1:08.31 4/29/2023 North Reading, North Reading						
School	Seed	Finals	H#	Points		
1 North Reading 'A'	1:08.00	1:08.31R	5	10		
2 Middleboro 'A'	1:12.00	1:09.37	4	8		
3 Norton 'A'	1:10.00	1:09.78	4	6		
4 Pentucket 'A'	1:10.00	1:10.39	4	4		
5 East Bridgewater 'A'	1:10.00	1:13.64	5	2		
6 Dedham 'A'	1:15.00	1:15.81	3	1		
7 Old Rochester 'A'	1:14.21	1:16.54	3			
8 Dover-Sherborn 'A'	1:21.00	1:17.61	2			
9 Norwell 'A'	1:17.00	1:19.89	1			
10 Weston 'A'	1:20.00	1:20.43	2			
11 Swampscott 'A'	1:21.80	1:21.97	1			
-- Medway 'A'	1:15.00	DQ	3			ran around hurdle
-- Dennis-Yarmouth 'A'	1:09.00	DQ	5			Ran around hurdle

**Girls High Jump Relay**

Meet Record: R 4.37m 2022 , North Reading					
Name	Year School	Seed	Finals	Points	
1 Smith, Wynter	Pentucket	5-04.00	1.53m	3	
1 Campbell, Jaina	Medway	5-02.00	1.53m	3	
3 Meredith, Camellia	Medway	5-02.00	1.48m	3	
3 Meagher, Delaney	Pentucket	5-02.00	1.48m	3	
5 Lamont, Tiara	North Reading		1.40m	1.66	
5 Donovan, Evie	Norwell		1.40m	1.66	
5 Johnston, Ella	Norwell		1.40m	1.66	
5 Lilley, Abigail	North Reading		1.40m	1.66	
9 Breen, Reagan	Pentucket		1.32m	3	
9 Vella, Gianna	East Bridgewater		1.32m		
9 Romano, Anna	Triton	4-08.00	1.32m		
9 McAdams, Sam	Medway	4-06.00	1.32m	3	
9 Roy, Shay	Dedham	4-04.00	1.32m		
9 Warren, Heidi	Norwell		1.32m	1.66	
9 Auciello, Giuliana	North Reading		1.32m	1.66	
-- Smith, Bella	Quabbin		NH		
-- Moynihan, Nora	Apponequet	4-04.00	NH		
-- Cepeda, Layn	Dedham		NH		
-- Katilus, Phoebe	East Bridgewater	4-06.00	NH		
-- Barry, Abigail	East Bridgewater	4-04.00	NH		
-- Johnson, Colleen	Triton	4-06.00	NH		

**Girls Pole Vault Relay**

Meet Record: R 7.32m 2022 , Weston					
Name	Year School	Seed	Finals	Points	
1 MacLellan, Hayden	North Reading		3.03m	3.33	
2 DeAngelis, Julia	North Reading		2.43m	3.33	
2 Friel, Gabriela	Weston	8-06.00	2.43m	2.66	
4 Mahoney, Jenna	North Reading		2.13m	3.33	
5 Jalinous, Keila	Weston		1.98m	2.66	
6 Papageorgiou, Dimitra	Weston		1.83m	2.66	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls Long Jump Relay**

Meet Record: R 14.25m 2022 , Pentucket

Name	Year	School	Seed	Finals	H#	Points
1 Vant, Madison		North Reading		5.43m	2	3.33
2 Wheeler, Isabel		Middleboro	18-08.00	5.37m	2	2.66
3 McIntyre, Ava		North Reading		5.21m	2	3.33
4 Gersten, Tyler		Dedham	16-06.00	5.13m	1	2
5 MacDonald, Lily		Norwell		5.09m	3	1.33
6 Bush, Jocelyn		Middleboro	16-08.50	5.05m	2	2.66
7 Smith, Sage		Pentucket	17-00.00	5.04m	3	0.66
8 Teehan, Peyton		Dedham	16-04.50	4.98m	1	2
9 Bush, Elleana		Middleboro	15-03.00	4.96m	2	2.66
10 Lothrop, Eliana		Groton-Dunstable	16-07.50	4.94m	1	0.33
11 Loring, Audrey		Norwell		4.82m	3	1.33
12 Robarts, Georgia		North Reading		4.80m	2	3.33
13 Cucinotta, Sophia		Dedham	15-02.25	4.66m	1	2
14 Embree, Caetlyn		Dover-Sherborn	15-04.50	4.63m	1	
15 Geise, Marilyn		Quabbin	14-07.00	4.60m	3	
15 Carlson, Lily		Quabbin	15-02.00	4.60m	3	
17 Hally, Emmalle		Randolph	15-01.50	4.58m	4	
18 Santos, Zoe		Norton	16-09.50	4.51m	2	
18 Owens, Shaylee		Norton	15-11.50	4.51m	2	
20 Jacques, Tiana		Dennis-Yarmouth	14-04.00	4.50m	1	
21 Smith, Wynter		Pentucket	14-09.25	4.48m	3	0.66
21 Lowing, Sophie		Norwell		4.48m	3	1.33
23 Abbott, Emily		Old Rochester		4.44m	3	
23 Fitzpatrick, Shannon		Watertown	15-10.00	4.44m	4	
25 Webb, Freya		Groton-Dunstable	13-05.00	4.43m	1	0.33
26 Trout, Morgan		Pentucket	15-03.25	4.41m	3	0.66
27 Markowski, Kaitlyn		Sturgis West		4.24m	4	
27 Mallane, Elizabeth		Dennis-Yarmouth	14-04.00	4.24m	1	
27 Popovich, Katie		Dennis-Yarmouth	13-10.00	4.24m	1	
30 Pinhancos, Gabriela		Old Rochester		4.21m	3	
31 Varela, Solana		Weston	15-03.00	4.20m	4	
32 Dumont, Madalyn		Norton	14-06.00	4.17m	2	
33 Troupe, Arielle		Old Rochester		4.15m	3	
33 Rassiger, Annie		Weston	14-00.00	4.15m	4	
35 Ighodaro, Omosefe		Randolph	13-05.00	4.11m	4	
36 Fafard, Anna		Hopedale	13-11.50	4.10m	2	
37 DeMedeiros, Jocelyn		Sturgis West		4.06m	4	
38 Mandell, Hannah		Groton-Dunstable	15-02.00	4.03m	1	0.33
38 Shaw, Kaylee		Quabbin	13-09.00	4.03m	3	
40 Lomami, Annick		Dover-Sherborn	13-05.00	4.00m	1	
41 Gallagher, Caitlyn		East Bridgewater		3.92m	1	
42 Bruno, Anna		Sturgis West		3.79m	4	
43 Page, Lilly		Dover-Sherborn	13-04.00	3.76m	1	
44 Carreiro, Mabel		Hopedale		3.63m	2	
45 Hodgdon, Leah		Hopedale	13-04.00	3.62m	2	
46 Egan, Rachel		Watertown	13-03.00	3.49m	4	
46 McCormack, Claire		East Bridgewater	13-10.00	3.49m	1	
48 Anilus, Tamarre		Randolph	14-05.00	3.40m	4	
49 Caterino, Mia		Watertown	13-01.00	3.39m	4	
-- Nawana, Tylanni		Weston	13-06.00	ND	4	
-- Swinhart, Kylee		East Bridgewater	13-10.50	FOUL	1	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls Triple Jump Relay**

Meet Record: R 29.80m 2022 , Norwell						
Name	Year	School	Seed	Finals	H#	Points
1 MacDonald, Lily		Norwell		10.86m	2	2.66
2 Vant, Madison		North Reading		10.64m	2	3.33
3 Budny, Kayla		North Reading		10.22m	2	3.33
4 Robarts, Georgia		North Reading		10.07m	2	3.33
5 Loring, Audrey		Norwell		10.05m	2	2.66
6 Bethmann, Emily		Pentucket	33-06.25	10.04m	3	
7 LeBlanc, Jillian		Old Rochester		10.01m	2	2
8 Teehan, Peyton		Dedham	32-01.00	10.00m	1	1.33
9 Abbott, Emily		Old Rochester		9.93m	2	2
10 Cucinotta, Sophia		Dedham	32-09.00	9.89m	1	1.33
11 Embree, Caetlyn		Dover-Sherborn	32-00.00	9.82m	1	0.33
12 Hernandez, Orianna		Apponequet	31-00.00	9.77m	1	
13 Lowing, Sophie		Norwell		9.61m	2	2.66
14 Bilodeau, Morgan		Swampscott	31-01.00	9.58m	3	
15 Mallane, Elizabeth		Dennis-Yarmouth	32-07.00	9.45m	1	0.66
16 Marden, Emma		Dover-Sherborn	45-10.00	9.30m	1	0.33
17 Theloma, Kirsan		Dennis-Yarmouth	31-00.00	9.21m	1	0.66
18 Pinhancos, Gabriela		Old Rochester		9.14m	2	2
19 Connell, Kailee		East Bridgewater	30-07.00	9.11m	1	
20 Popovich, Katie		Dennis-Yarmouth	31-04.00	9.10m	1	0.66
21 Zerola, Farrah		Weston		8.83m	3	
22 Gallagher, Caitlyn		East Bridgewater		8.77m	1	
23 Katilus, Phoebe		East Bridgewater	31-11.00	8.67m	1	
24 Wang, Linda		Weston		8.58m	3	
25 Santos, Marissa		Apponequet	28-11.00	8.56m	1	
26 Andrews, Samantha		Swampscott	29-10.50	8.52m	3	
27 LoGiudice, Anna		Swampscott	29-03.00	8.46m	3	
27 Ricciardi, Emerson		Apponequet	26-08.50	8.46m	1	
29 Nawana, Tylanni		Weston		8.42m	3	
30 Breen, Emma		Pentucket	26-09.00	8.41m	3	
31 Newmann, Tessa		Pentucket		8.20m	3	
32 Monahan, Jacqueline		Dedham	28-00.00	8.18m	1	1.33
33 Schultze, Ashen		Dover-Sherborn	29-00.00	7.81m	1	0.33

**Girls Shot Put Relay**

Meet Record: R 29.01m 2022 , Dedham						
Name	Year	School	Seed	Finals	H#	Points
1 Sargent, Catherine		Dedham	40-01.00	12.48m	1	3.33
2 Nelson, Kearston		Seekonk	30-05.00	10.45m	5	1.33
3 Cepeda, Layn		Dedham	34-04.00	10.37m	1	3.33
4 Lilley, Abigail		North Reading		10.00m	3	2.66
5 Tarason, Ana		Swampscott	31-01.00	9.84m	5	2
6 White, Kniya		Randolph	29-02.00	9.61m	4	
7 Alvarado, Sofia		Swampscott	31-00.00	9.29m	5	2
8 Bucco, Riley		Pentucket	31-05.25	9.17m	4	
9 Dumeus, Zoe		Dedham		9.16m	1	3.33
10 Gerber, Abigail		North Reading		9.09m	3	2.66
11 Feron, Schephatia		East Bridgewater	29-10.50	8.98m	1	0.33
12 Furman, Julia		Groton-Dunstable	30-01.50	8.79m	2	
13 Johnson, Charity		Medway	33-05.00	8.74m	2	

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14	Mini, Sabrina	North Reading		8.63m	3	2.66
15	Castano, Vivian	Dennis-Yarmouth	28-09.00	8.62m	1	0.66
15	Carter, Molly	Norton	28-07.00	8.62m	3	
17	Zavala, Alessandra	Swampscott	27-02.50	8.53m	5	2
18	Castano, Eliana	Dennis-Yarmouth	30-08.00	8.49m	1	0.66
18	Goodwin, Lia	Pentucket	28-07.50	8.49m	4	
20	Donahue-Wilfred, Lydiah	Cardinal Spellman	29-11.50	8.36m	1	
21	Hogan, Julia	Cardinal Spellman	26-09.50	8.34m	1	
21	Lin, Angela	Dover-Sherborn	26-02.00	8.34m	1	
23	Barucci, Ella	Medway	29-06.00	8.31m	2	
24	Cosme, Alivia	Seekonk	29-00.00	8.26m	5	1.33
25	Dolan, Maeve	Dennis-Yarmouth	28-07.00	8.17m	1	0.66
26	Deitz, Liliana	East Bridgewater	25-09.00	8.16m	1	0.33
27	Bell, Emilie	Lynnfield	26-06.75	8.03m	2	
28	Carter, Chloe	Norton	25-04.00	8.01m	3	
29	Mastrodomenico, Ashlee	Middleboro	29-08.75	7.97m	2	
29	Becker, Jolie	Groton-Dunstable	28-06.25	7.97m	2	
31	Masser, Emma	Quabbin	26-02.00	7.92m	4	
32	Gomes, Taryn	Middleboro	27-10.00	7.74m	2	
33	Gesner, Phoebe	Norton	26-01.50	7.73m	3	
34	Donoso, Christina	East Bridgewater	24-02.75	7.71m	1	0.33
35	Guler, Karen	Watertown	26-07.25	7.66m	5	
36	Carlson, Samantha	Quabbin	25-09.00	7.50m	4	
37	Santos, Kendall	Middleboro	27-00.00	7.21m	2	
38	Hoskins, Lillie	Seekonk	21-00.00	7.14m	5	1.33
39	Lovett, Claire	Randolph	25-02.50	7.12m	4	
40	Scheer, Cadence	Norwell		7.11m	3	
41	Dobson, Bailey	Sandwich	22-00.00	7.04m	4	
41	Alsup, Lia	Pentucket	23-10.75	7.04m	4	
43	Basso, Isabelle	Medway	25-11.00	6.85m	2	
44	Bruce, Maggie	Dover-Sherborn	22-09.25	6.75m	1	
45	Laprade, Reagan	Quabbin	23-07.00	6.73m	4	
46	O'Sullivan, Laurie	Dover-Sherborn	18-05.00	6.63m	1	
47	O'Neill, Elizabeth	Cardinal Spellman	26-07.50	6.60m	1	
48	McEachern, Hazel	Norwell		6.58m	3	
49	Smalley, Sophia	Sandwich	21-03.00	6.47m	4	
50	Holmgren, Ali	Sandwich	20-11.00	6.18m	4	
50	Won, Diana	Norwell		6.18m	3	
52	Lopez, Abigail	Lynnfield	23-05.25	6.14m	2	
53	Master, Casey	Watertown	15-04.00	6.11m	5	
53	DiCesare, Lauren	Groton-Dunstable	21-06.00	6.11m	2	
55	Fitzpatrick, Shannon	Watertown	15-08.00	5.87m	5	
56	George, Bella	Lynnfield	22-00.00	5.69m	2	
57	Tagen, Ava	Randolph	13-00.00	4.33m	4	
--	Hinton, Sloan	Weston	26-03.50	ND	5	
--	Sanzone, Sofia	Weston		ND	5	
--	Thorell, Hannah	Old Rochester		ND	3	
--	Heise, Aubrey	Old Rochester		ND	3	
--	Kakabeeke, Claire	Weston		ND	5	
--	Curry, Sarah	Old Rochester		ND	3	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Girls Discus Throw Relay**

Meet Record: R 83.80m 2022 , Bishop Fenewick

Name	Year School	Seed	Finals	H#	Points
1 Sargent, Catherine	Dedham	111-10	36.28m	1	2.66
2 Lilley, Abigail	North Reading		32.65m	3	3.33
3 Johnson, Charity	Medway	87-00	32.53m	2	1.33
4 Gerber, Abigail	North Reading		31.26m	3	3.33
5 Hayes, Anastasia	Swampscott	111-04	30.07m	4	2
6 Barucci, Ella	Medway	99-01	29.44m	2	1.33
7 Precht, Cassandra	Groton-Dunstable	79-11	27.26m	2	
8 Hogan, Julia	Cardinal Spellman	86-05	27.20m	1	0.66
9 Gomes, Taryn	Middleboro		27.16m	2	
10 Nelson, Kearston	Seekonk	77-03	26.47m	4	0.33
11 Bell, Emilie	Lynnfield	81-00	25.66m	2	
12 Alvarado, Sofia	Swampscott	83-03	25.41m	4	2
13 Reilly, Harriet	Swampscott	80-11	25.40m	4	2
14 Smalley, Sophia	Sandwich	86-06	24.23m	4	
15 Ataya, Jessica	Dedham		24.14m	1	2.66
16 Doliscar, Garyanne	Dedham	82-01	24.13m	1	2.66
17 Kvietok, Ava	Dennis-Yarmouth	78-00	24.05m	1	
18 Bruce, Maggie	Dover-Sherborn	62-03.50	23.68m	1	
19 Scheer, Cadence	Norwell		23.44m	3	
20 Mini, Sabrina	North Reading		23.32m	3	3.33
21 O'Reilly, Isabella	Dennis-Yarmouth	78-09	23.06m	1	
22 Moyer, Josalyn	Hopedale	74-10	22.94m	2	
23 Crosscup, Adelle	Norton	71-04	22.48m	3	
24 Dobson, Bailey	Sandwich	80-08	22.45m	4	
25 Machado, Sophia	Seekonk	69-07	22.35m	4	0.33
26 Quelle, Serena	Cardinal Spellman	63-08	21.70m	1	0.66
27 Thorell, Hannah	Old Rochester		21.41m	3	
28 Robert, Corinne	Old Rochester		21.10m	3	
29 Freitas, Melina	Middleboro		21.08m	2	
30 Lynch, Jenna	Old Rochester		19.97m	3	
31 Won, Diana	Norwell		19.22m	3	
32 Kenneally, Caroline	Cardinal Spellman	74-07	19.10m	1	0.66
33 Feron, Schephatia	East Bridgewater	71-02	18.92m	1	
34 Carter, Chloe	Norton	53-00	18.81m	3	
35 Jakubicka, Emma	Sandwich	60-02	18.72m	4	
36 George, Bella	Lynnfield	65-00	18.52m	2	
37 O'Sullivan, Laurie	Dover-Sherborn	71-01	18.24m	1	
38 Hoskins, Lillie	Seekonk	52-05	18.12m	4	0.33
39 Leahy, Kyla	Norton	59-07	18.06m	3	
40 Becker, Jolie	Groton-Dunstable	56-11	17.92m	2	
41 Lily, Beal	East Bridgewater		17.74m	1	
42 Mastrodomenico, Ashlee	Middleboro		17.70m	2	
43 Masser, Emma	Quabbin	60-02	17.59m	3	
44 Ford, Bailey	Sturgis West		17.45m	4	
45 Grave, Georgina	Dover-Sherborn	60-00	17.04m	1	
46 Veneto, Ari	Norwell		16.97m	3	
47 DeMedeiros, Jenna	Sturgis West		16.78m	4	
48 Carreiro, Mabel	Hopedale		16.77m	2	
49 Carlson, Samantha	Quabbin	63-07	16.73m	3	
50 Costello, Audrey	Sturgis West		15.81m	4	
51 Basso, Isabelle	Medway		15.22m	2	1.33
52 MacKinnon, Carrtea	East Bridgewater		15.12m	1	



**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Girls Discus Throw Relay**

53	Buccilli, Adrianna	Lynnfield	55-06	13.83m	2
54	Benoit-Smith, Vivienne	Quabbin	60-00	13.10m	3
55	Hodgdon, Leah	Hopedale		11.64m	2
56	Solomon, River	Groton-Dunstable	55-00	9.95m	2
--	Ryan, Elsa	Watertown		ND	4
--	Follett, Evelyn	Watertown	59-01	ND	4
--	Guler, Karen	Watertown	75-02	ND	4
--	Shenk, Irelynn	Dennis-Yarmouth	80-00	FOUL	1

**Girls Javelin Throw Relay**

Meet Record: R 80.30m 2022 , Weston

Name	Year	School	Seed	Finals	H#	Points
1 Vant, Madison		North Reading		36.78m	2	3.33
2 Cepeda, Layn		Dedham	120-01	35.56m	1	2.66
3 Gerber, Abigail		North Reading		33.95m	2	3.33
4 Geise, Marilyn		Quabbin	104-07	28.77m	3	
5 Won, Diana		Norwell		28.63m	3	0.33
6 Lawson, Kira		Cardinal Spellman	84-11	27.25m	1	2
7 Smith, Whitney		Dover-Sherborn	95-08	26.90m	1	0.66
8 Brown, Jade		Dedham	83-02	26.20m	1	2.66
9 Mini, Sabrina		North Reading		25.28m	2	3.33
10 Amasa-Titus, Janet		Triton	101-05	25.19m	4	
11 Castano, Eliana		Dennis-Yarmouth	85-09	24.78m	1	1.33
12 McAlpine, Jackie		Cardinal Spellman	89-07	24.69m	1	2
13 Dolan, Maeve		Dennis-Yarmouth	74-09	24.68m	1	1.33
14 Fardy, Marissa		Dover-Sherborn	90-00	24.58m	1	0.66
15 Sanzone, Sofia		Weston		24.31m	4	
16 Mandell, Hannah		Groton-Dunstable	70-00	24.16m	2	
17 LoGiudice, Anna		Swampscott	66-02	23.83m	4	
18 Alsup, Lia		Pentucket	77-10	23.79m	3	
19 Hoffman, Riley		Norton		23.69m	3	
20 Farrell, Emma		East Bridgewater		23.58m	2	
21 Gagnier, Isabella		Apponequet	77-07	23.57m	1	
22 Castano, Vivian		Dennis-Yarmouth	78-09	23.23m	1	1.33
23 Foley, Carly		Pentucket	66-07	23.19m	3	
24 O'Neill, Elizabeth		Cardinal Spellman	81-09	22.75m	1	2
25 McEachern, Hazel		Norwell		22.35m	3	0.33
26 Lopez, Abigail		Lynnfield	70-09	21.78m	2	
27 Scagnoli, Ava		Norton	76-02	21.76m	3	
28 Cauley, Caitlin		Swampscott	62-03	21.48m	4	
29 DeMedeiros, Jenna		Sturgis West		21.34m	1	
30 Grenham, Meaghan		Pentucket	62-00	20.86m	3	
31 Welch, Whitney		Dover-Sherborn	70-07	20.49m	1	0.66
32 Avery, Grace		East Bridgewater	75-06	20.46m	2	
33 Precht, Cassandra		Groton-Dunstable	70-00	20.24m	2	
34 Bilodeau, Morgan		Swampscott	68-00	20.20m	4	
35 Sareault, Hannah		Sandwich	56-00	19.92m	4	
36 Milevskaya, Anna		Norwell		19.79m	3	0.33
37 Julia, Furman		Groton-Dunstable	58-00	19.77m	2	
38 Neale, Reese		East Bridgewater	70-05	19.57m	2	
39 DeMedeiros, Jocelyn		Sturgis West		19.44m	1	
40 Amasa-Titus, Aleyo		Triton	70-00	19.40m	4	
41 Kuriscak, Hannah		Apponequet	65-10	19.37m	1	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Girls Javelin Throw Relay**

42 Gersten, Tyler	Dedham	93-00	18.93m	1	2.66
43 Kakabeeke, Claire	Weston		18.89m	4	
44 Gavris, Alessandra	Weston		18.84m	4	
45 Shaw, Ava	Quabbin	56-10	18.63m	3	
46 Holmgren, Ali	Sandwich	66-02	18.30m	4	
47 Wilder, Aurelia	Quabbin	64-02	17.50m	3	
48 Dimsa, Auguste	Sturgis West		17.35m	1	
49 Kelly, Brigid	Sandwich	61-09	16.92m	4	
50 George, Bella	Lynnfield	88-09	16.86m	2	
51 Wisnaskas, Emma	Norton	58-00	16.01m	3	
52 Foley, Makenzie	Triton	50-00	15.68m	4	
53 Dixon, Ava	Apponequet	48-00	15.08m	1	
54 Bell, Emilie	Lynnfield	53-07	14.10m	2	

**Boys 4x100 Meter Relay**

=====  
 Meet Record: R 44.66 4/29/2023 Weston, Weston

School	Seed	Finals	H#	Points
1 Weston 'A'	44.50	44.66R	5	10
2 Cardinal Spellman 'A'	44.45	44.74	5	8
3 Randolph 'A'	45.15	44.86	4	6
4 Norwell 'A'	44.90	44.99	5	4
5 Seekonk 'A'	45.00	45.09	5	2
6 Dover-Sherborn 'A'	46.44	45.40	3	1
7 Pentucket 'A'	47.00	45.41	3	
8 Middleboro 'A'	45.10	45.53	5	
9 North Reading 'A'	46.20	45.63	4	
10 Triton 'A'	46.50	46.12	3	
11 Stoneham 'A'	46.10	46.38	4	
12 Lynnfield 'A'	46.00	46.51	4	
13 Dedham 'A'	49.70	46.61	1	
14 Apponequet 'A'	46.00	47.11	4	
15 Randolph 'B'	48.13	47.19	2	
16 Norton 'A'	46.00	47.33	4	
17 Dennis-Yarmouth 'A'	48.20	47.68	2	
18 Bishop Fenwick 'A'	48.97	47.87	1	
19 Quabbin 'A'	46.60	48.01	3	
20 Seekonk 'B'	49.00	48.34	1	
21 Brighton 'A'	46.92	48.37	3	
22 Swampscott 'A'	48.41	48.69	2	
23 Triton 'B'	49.50	50.54	1	
24 Stoneham 'B'	48.20	57.86	2	
-- East Bridgewater 'A'	45.10	DNF	5	
-- Sturgis West 'A'	47.50	DQ	2	Lane Interference

**Boys 4x200 Meter Relay**

=====  
 Meet Record: R 1:32.87 4/29/2023 Pentucket, Pentucket

School	Seed	Finals	H#	Points
1 Pentucket 'A'	1:36.50	1:32.87R	3	10
2 Norwell 'A'	1:34.80	1:34.51	4	8
3 Weston 'A'	1:34.50	1:34.87	4	6
4 Triton 'A'	1:33.00	1:35.14	4	4

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****....Boys 4x200 Meter Relay**

5 East Bridgewater 'A'	1:37.00	1:36.23	3	2
6 Randolph 'A'	1:36.56	1:36.57	3	1
7 Seekonk 'A'	1:34.90	1:36.68	4	
8 North Reading 'A'	1:36.00	1:36.71	3	
9 Old Rochester 'A'	1:35.50	1:37.80	4	
10 Dover-Sherborn 'A'	1:37.00	1:38.01	3	
11 Norton 'A'	1:38.00	1:38.48	3	
12 Randolph 'B'	1:45.00	1:38.73	1	
13 Lynnfield 'A'	1:35.50	1:39.46	4	
14 Apponequet 'A'	1:42.00	1:40.75	2	
15 Triton 'B'	1:39.50	1:40.83	2	
16 Seekonk 'B'	1:39.00	1:41.06	2	
17 Stoneham 'A'	1:44.22	1:42.22	1	
18 Quabbin 'A'	1:39.00	1:45.86	2	
19 Bishop Fenwick 'A'	1:48.78	1:51.43	1	

**Boys 4x400 Meter Relay**

=====				
Meet Record: R 3:29.00 2022		, Austin Prep		
School	Seed	Finals	H#	Points
=====				
1 Norwell 'A'	3:39.00	3:30.07	4	10
2 Quabbin 'A'	3:37.00	3:32.89	4	8
3 Triton 'A'	3:34.00	3:35.05	4	6
4 Weston 'A'	3:35.00	3:37.61	4	4
5 East Bridgewater 'A'	3:40.00	3:39.64	3	2
6 Triton 'B'	3:42.50	3:45.54	3	1
7 Dover-Sherborn 'A'	3:45.00	3:47.42	3	
8 North Reading 'A'	3:43.00	3:48.61	3	
9 Pentucket 'A'	3:50.00	3:49.17	2	
10 Apponequet 'A'	3:51.00	3:49.81	2	
11 Norton 'A'	3:47.00	3:50.75	3	
12 Dedham 'A'	3:55.63	3:50.98	2	
13 Stoneham 'A'	3:56.00	3:51.86	2	
14 Medway 'A'	3:49.00	3:53.15	2	
15 Seekonk 'A'	3:59.00	3:54.02	1	
16 Randolph 'A'	4:01.92	3:57.87	1	
17 Swampscott 'A'	3:54.00	3:58.44	2	
18 Dennis-Yarmouth 'A'	3:39.49	3:58.63	4	
19 Sturgis West 'A'	4:03.00	4:00.95	1	
20 Watertown 'A'	4:15.00	4:16.25	1	
21 Stoneham 'B'	4:12.00	4:31.50	1	

**Boys 4x800 Meter Relay**

=====				
Meet Record: R 8:13.72 2022		, Martha's Vineyard		
School	Seed	Finals	H#	Points
=====				
1 Old Rochester 'A'	8:18.00	8:20.49	2	10
2 Weston 'A'	8:20.00	8:21.94	2	8
3 Triton 'A'	8:25.00	8:29.22	2	6
4 East Bridgewater 'A'	8:40.92	8:36.17	2	4
5 Dover-Sherborn 'A'	8:25.00	8:57.92	2	2
6 Norton 'A'	8:55.00	9:02.40	2	1
7 Norwell 'A'	9:20.00	9:02.90	1	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****....Boys 4x800 Meter Relay**

8 Pentucket 'A'	9:30.00	9:10.91	1
9 North Reading 'A'	9:05.74	9:12.14	1
10 Groton-Dunstable 'A'	9:20.00	9:12.72	1
11 Triton 'B'	9:00.00	9:14.10	2
12 Apponequet 'A'	10:00.00	9:14.88	1
13 Sandwich 'A'	8:56.00	9:47.32	2
14 Quabbin 'A'	9:23.05	9:53.73	1
15 Stoneham 'A'	10:53.00	11:02.47	1

**Boys 4x1600 Meter Relay**

Meet Record: R 18:45.66 4/29/2023 Groton-Dunstable, Groton-Dunst			
School	Seed	Finals	Points
1 Groton-Dunstable 'A'	18:30.00	18:45.66R	10
2 Norwell 'A'	18:50.00	18:59.82	8
3 Triton 'A'	19:10.00	19:04.02	6
4 East Bridgewater 'A'	19:40.00	19:11.14	4
5 Weston 'A'	19:00.00	19:14.96	2
6 Pentucket 'A'	20:30.00	20:21.45	1
7 Apponequet 'A'	20:52.00	20:29.12	
8 Sandwich 'A'	23:00.00	21:00.27	
9 North Reading 'A'	22:00.00	21:50.64	
10 Stoneham 'A'	21:35.00	22:59.27	

**Boys 1600 Sprint Medley**

Meet Record: R 3:37.99 4/29/2023 Dover-Sherborn, Dover-Sherbo					
School	Seed	Finals	H#	Points	
1 Dover-Sherborn 'A'	3:46.42	3:37.99R	5	10	
2 Old Rochester 'A'	3:46.60	3:40.13	5	8	
3 Norton 'A'	3:42.00	3:41.11	5	6	
4 North Reading 'A'	3:47.91	3:41.30	4	4	
5 Pentucket 'A'	3:44.14	3:43.05	5	2	
6 Middleboro 'A'	3:47.00	3:44.06	4	1	
7 Quabbin 'A'	3:46.00	3:49.97	5		
8 Medway 'A'	3:51.00	3:55.59	4		
9 Brighton 'A'	4:10.12	3:56.46	2		
10 East Bridgewater 'A'	4:00.00	3:56.52	3		
11 Stoneham 'A'	3:54.00	3:56.88	3		
12 Apponequet 'A'	3:56.00	3:57.69	3		
13 Sandwich 'A'	3:50.00	4:00.44	4		
14 Lynnfield 'A'	3:57.00	4:01.73	3		
15 Norwell 'A'	3:42.40	4:03.63	5		
16 Fairhaven 'A'	4:40.00	4:07.43	1		
17 Randolph 'A'	4:15.00	4:07.75	2		
18 Seekonk 'A'	4:05.00	4:08.86	3		
19 Weston 'A'	4:10.00	4:10.64	2		
20 Sturgis West 'A'	3:49.00	4:12.39	4		
21 Stoneham 'B'	4:24.00	4:16.46	1		
22 Dennis-Yarmouth 'A'	3:54.00	4:22.78	3		
23 Watertown 'A'	4:20.00	4:35.77	1		
-- Hopedale 'A'	4:20.00	DQ	2		Interference

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****Boys Distance Medley**

Meet Record: R 11:00.06 4/29/2023 Norwell, Norwell					
School	Seed	Finals	H#	Points	
1 Norwell 'A'	10:44.00	11:00.06R	2	10	
2 Middleboro 'A'	11:15.00	11:14.82	2	8	
3 North Reading 'A'	11:45.00	11:19.16	2	6	
4 Norton 'A'	11:00.00	11:20.31	2	4	
5 East Bridgewater 'A'	11:40.00	11:28.34	2	2	
6 Pentucket 'A'	11:40.00	11:29.92	2	1	
7 Weston 'A'	11:40.00	11:33.63	2		
8 Triton 'A'	11:45.00	11:40.74	2		
9 Dover-Sherborn 'A'	11:50.00	11:48.73	2		
10 Watertown 'A'	12:25.78	12:19.60	1		
11 Sandwich 'A'	12:01.00	12:22.00	1		
12 Sturgis West 'A'	12:00.00	12:24.20	1		
13 Apponequet 'A'	13:05.00	12:29.80	1		
14 Dedham 'A'	12:47.00	12:43.10	1		
15 Dennis-Yarmouth 'A'	12:00.00	12:47.90	1		
16 Stoneham 'A'	14:18.88	12:52.90	1		

**Boys 4x110 Meter Shuttle Hurdle**

Meet Record: R 1:06.35 4/29/2023 Middleboro, Middleboro					
School	Seed	Finals	H#	Points	
1 Middleboro 'A'	1:05.00	1:06.35R	4	10	
2 Norton 'A'	1:10.00	1:10.75	3	8	
3 North Reading 'A'	1:14.00	1:12.76	3	6	
4 Dedham 'A'		1:15.13	1	4	
5 Quabbin 'A'	1:12.00	1:17.85	3	2	
6 North Reading 'B'	1:18.00	1:18.07	2	1	
7 Stoneham 'A'	1:19.00	1:20.23	2		
8 Dover-Sherborn 'A'	1:19.00	1:20.27	2		
9 Randolph 'A'	1:20.00	1:20.51	1		
10 Dennis-Yarmouth 'A'	1:10.00	1:22.77	4		
-- East Bridgewater 'A'	1:07.00	DQ	4		Around Hurdle

**Boys High Jump Relay**

Meet Record: R 5.08m 2022 , Middleboro					
Name	Year	School	Seed	Finals	Points
1 Mondesir, Michel		East Bridgewater	6-02.00	1.78m	3.33
1 Toomey, Aiden		East Bridgewater	5-10.00	1.78m	3.33
3 Montross, Charles		Middleboro	6-02.00	1.70m	2.66
3 Briggs, Jacob		Middleboro	6-00.00	1.70m	2.66
3 Heath, Tim		East Bridgewater	5-08.00	1.70m	3.33
6 Davis, Nakeylen		Swampscott	5-04.00	1.63m	
6 Tripp, Gabe		Swampscott	5-04.00	1.63m	
6 Venne, Bryce		Quabbin	5-02.00	1.63m	
6 Burke, Seamus		Pentucket	5-08.00	1.63m	1.66
6 Seymour, Stratton		Pentucket	5-06.00	1.63m	1.66
6 Roche, Braeden		Pentucket	5-04.00	1.63m	1.66
6 Reilly, Dillon		Lynnfield	5-04.00	1.63m	1.66
6 Shanks, Javon		Middleboro	5-08.00	1.63m	2.66

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys High Jump Relay**

6	Francis, Ethan	Lynnfield	5-04.00	1.63m	1.66
6	Stein, Aaron	Quabbin	5-02.00	1.63m	
6	Mendese, Eli	Lynnfield	5-08.00	1.63m	1.66
--	Quinn, Gary	Quabbin		NH	
--	Penna, Nick	Norwell	5-02.00	NH	
--	Mahoney, Michael	North Reading	5-02.00	NH	
--	Beuttler, Henry	Swampscott	5-04.00	NH	

**Boys Pole Vault Relay**

Meet Record: R 11-00 4/29/2023 Vincent Pastore, North Reading

Name	Year	School	Seed	Finals	Points
1	Pastore, Vincent	North Reading	10-00.00	11-00.00R	3.33
2	Johnson, Nicolas	North Reading	10-06.00	10-00.00	3.33
2	Tamaro, Rocco	North Reading	9-06.00	10-00.00	3.33
4	Hood, William	Quabbin	10-06.00	9-06.00	2.33
4	Graupera, Caleb	Weston		9-06.00	2.33
6	Fernandez, Milo	Weston		9-00.00	2.33
6	Twarog, Seth	Quabbin	7-06.00	9-00.00	2.33
8	Bley, Gaberial	Weston B	8-00.00	8-00.00	
8	Pancini, Kaio	North Reading B	9-00.00	8-00.00	
8	Conlon, Brian	North Reading B	9-00.00	8-00.00	
8	Gabrenas, Morgan	Quabbin	7-06.00	8-00.00	2.33
8	Scully-Power, Lucas	Weston		8-00.00	2.33
13	Inbar, Jacob	Weston B	8-06.00	7-06.00	
--	Talbot, Liam	North Reading B	8-00.00	FAIL	

**Boys Long Jump Relay**

Meet Record: R 17.94m 2022 , Middleboro

Name	Year	School	Seed	Finals	H#	Points
1	Montross, Charles	Middleboro	21-04.50	6.57m	4	3.33
2	Donahue, Nathan	Middleboro	21-04.00	6.52m	4	3.33
3	Augustine, Gardy	Randolph	20-10.50	6.48m	2	0.66
4	Miller, Nathan	North Reading	20-08.50	6.30m	3	
5	Cropley, Matthew	Norton	19-10.00	6.25m	3	2.66
6	Uga, Jo Jo	Weston		6.20m	1	1.33
6	Raneri, Michael	Norton	20-09.00	6.20m	3	2.66
8	Murphy, Griffin	Norwell	19-07.00	6.19m	3	
9	Burns, Parker	Triton	20-06.00	6.05m	1	0.33
10	Ambersely, Duante	Dennis-Yarmouth	19-04.00	6.03m	5	
11	Oman, Chris	East Bridgewater	20-11.00	6.00m	4	2
12	Inozil, Dave	Norton		5.97m	3	2.66
13	Neumann, Jackson	Pentucket	20-10.00	5.96m	2	
14	McGill, Malachi	Middleboro	19-08.00	5.94m	4	3.33
15	Gallagher, Brian	Cardinal Spellman	20-01.00	5.92m	5	
16	Torres, Oscar	Weston		5.89m	1	1.33
16	Kplorfia, Eyram	Dedham	19-09.00	5.89m	5	
18	Francis, Ethan	Lynnfield	17-08.00	5.87m	4	
19	Pierre, Calvin	Randolph	18-05.50	5.81m	2	0.66
20	Dennis, Kade	Pentucket	19-00.00	5.78m	2	
21	Quartarone, Anothony	Quabbin		5.75m	2	
22	Oman, Mike	East Bridgewater	19-03.00	5.74m	4	2

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys Long Jump Relay**

22	Heath, Tim	East Bridgewater	19-10.25	5.74m	4	2
24	Hight, William	Triton	18-08.50	5.72m	1	0.33
25	Eaton, Calder	Old Rochester		5.71m	3	
26	Woolery, Rahjani	Sturgis West		5.70m	1	
26	Lawrence, Toby	Fairhaven	18-10.00	5.70m	4	
28	Shaw, Harold	Norwell	19-06.00	5.69m	3	
29	Halaby, Mark	Quabbin	17-06.00	5.68m	2	
30	Martin, Gavin	Old Rochester		5.67m	3	
31	Schifano, Noah	North Reading		5.66m	3	
32	Smith, Macai	Dedham	18-01.00	5.64m	5	
33	Berry, Henry	Old Rochester		5.62m	3	
34	McSherey, Luke	Cardinal Spellman		5.60m	5	
35	Kakouris, Yanni	Pentucket	19-08.50	5.57m	2	
35	McLaughlin, Shea	Triton		5.57m	1	0.33
37	Bunnell, Jack	Stoneham	18-10.50	5.54m	2	
37	Mitchell, Zahir	Lynnfield	18-04.00	5.54m	4	
39	Chang, Tyler	Fairhaven	18-02.00	5.53m	4	
40	Dhoria, Ishan	Dover-Sherborn		5.44m	5	
41	Mailloux, Jamie	Quabbin	18-06.25	5.42m	2	
42	Bello, Zachary	Norwell	19-01.00	5.36m	3	
42	Arden, Garrett	North Reading		5.36m	3	
44	Bertareli, Andrew	Cardinal Spellman	20-01.00	5.34m	5	
44	Johnson, Darrell	Weston	18-03.00	5.34m	1	1.33
46	Mendese, Eli	Lynnfield	18-09.00	5.32m	4	
47	Dillon, Shemar	Dennis-Yarmouth	18-06.00	5.31m	5	
48	Roberts, Jack	Dedham	17-07.00	5.27m	5	
49	Hosking, George	Swampscott	17-08.00	5.24m	1	
50	Kellet, Peyton	Dennis-Yarmouth	17-03.00	5.23m	5	
51	Versaw, Alexander	Dover-Sherborn		5.19m	5	
52	Habbouche, Omar	Stoneham	19-02.25	5.13m	2	
53	Mattier, Mekhi	Randolph	16-07.00	5.12m	2	0.66
54	Beauchamp, Xavier	Swampscott	17-02.00	5.01m	1	
54	Moreno, Dylan	Sturgis West		5.01m	1	
56	Bailey-Gates, Beau	Sturgis West		4.94m	1	
57	Moss, Cian	Dover-Sherborn		4.91m	5	
58	Kearney, Sam	Swampscott	17-11.50	4.89m	1	
59	Ciulla, Tom	Stoneham	18-09.00	4.76m	2	
60	Watertown, Matthew	Watertown		4.47m	1	
61	Duarte, Jayce	Fairhaven	15-01.50	4.31m	4	
62	Dimanche, Rolguy	Watertown	15-08.50	4.26m	1	
--	Jokic, Michael	Watertown	18-10.50	FOUL	1	

**Boys Triple Jump Relay**

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 Meet Record: R 37.15m 2022 , Middelboro

Name	Year	School	Seed	Finals	H#	Points
1	Donahue, Nathan	Middleboro	42-05.00	12.79m	2	3.33
2	Pastrone, Michael	Weston	41-05.00	12.42m	1	2.66
3	Neumann, Jackson	Pentucket	40-07.00	12.36m	1	0.33
4	Schifano, Noah	North Reading	40-09.50	12.31m	2	
5	Shanks, Javon	Middleboro	41-09.00	12.19m	2	3.33
6	Kplorfia, Eyram	Dedham	43-01.00	12.04m	3	1.33
7	Halaby, Mark	Quabbin	37-05.50	12.03m	1	0.66
8	Adams, Jackson	Norwell	37-04.50	11.91m	2	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys Triple Jump Relay**

9	Toomey, Aiden	East Bridgewater	40-00.00	11.88m	3	2
10	Hinton, Chase	Weston	40-01.50	11.72m	1	2.66
10	Smith, Macai	Dedham	36-08.00	11.72m	3	1.33
12	Barbosa, Emre	East Bridgewater	38-06.00	11.69m	3	2
13	Mondesir, Michel	East Bridgewater	39-01.00	11.65m	3	2
14	Bessaoud, Alex	Pentucket	38-02.00	11.54m	1	0.33
15	Mather, Justin	Middleboro	38-08.00	11.46m	2	3.33
16	McSherey, Luke	Cardinal Spellman		11.42m	3	
17	Edni, Oliver	Dover-Sherborn	36-11.00	11.37m	3	
18	Venne, Bryce	Quabbin	35-00.00	11.34m	1	0.66
19	Mailloux, Jamie	Quabbin	37-08.50	11.19m	1	0.66
20	Plotnichenko, Seva	Weston	37-00.00	11.12m	1	2.66
21	Gallagher, Brian	Cardinal Spellman	38-09.00	11.11m	3	
22	Kennefick, Matthew	Old Rochester		11.02m	1	
23	Roy, Cayden	Dedham	33-06.00	10.93m	3	1.33
24	Bunnell, Weston	Stoneham		10.85m	1	
25	Bertareli, Andrew	Cardinal Spellman	38-07.00	10.81m	3	
26	Tedeschi, Owen	Pentucket	36-00.00	10.65m	1	0.33
27	Mahony, Mclaine	Norwell	35-08.00	10.59m	2	
28	Melonovsky, Dylan	Dover-Sherborn	33-04.00	10.38m	3	
29	Pignone, Mikey	Stoneham	36-10.50	10.33m	1	
30	Tsen, Hamilton	Dover-Sherborn		10.32m	3	
31	Smith, Colin	North Reading	31-11.00	10.22m	2	
32	Soroko, Ethan	North Reading	31-00.00	10.20m	2	
33	Devoe, Luke	Old Rochester		10.07m	1	
34	Martin, Gavin	Old Rochester		9.67m	1	
35	Manning, Ronan	Norwell	30-01.00	9.48m	2	
36	Forest, Connor	Stoneham	30-07.00	9.10m	1	

**Boys Shot Put Relay**

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 Meet Record: R 35.74m 2022 , East Bridgewater

Name	Year	School	Seed	Finals	H#	Points
1	Darin, Matthew	Dover-Sherborn	47-10.00	14.10m	5	2
2	Levine, Ari	Hopedale	45-02.00	14.01m	4	
3	Gee, Ethan	Swampscott	42-10.00	12.85m	1	0.33
4	Molin, Wens	Dedham	41-02.50	12.61m	5	2.66
5	Leazott, Jake	Quabbin	40-06.25	12.53m	2	1.33
6	Brown, Jayden	Dedham	42-03.00	12.42m	5	2.66
7	Indelicato, Otto	North Reading	37-00.00	12.37m	3	3.33
8	Pratt, Griffin	Dennis-Yarmouth	39-04.50	12.31m	5	
9	Delano, Owen	North Reading	38-00.00	12.17m	3	3.33
10	Hogan, Devon	Middleboro	40-05.00	12.11m	3	0.66
11	Moura, Kevin	Fairhaven	40-05.00	11.97m	4	
12	Downey, Ethan	Lynnfield	35-01.00	11.75m	4	
13	Martin, Jacksen	Old Rochester		11.70m	3	
14	Arden, Garrett	North Reading	40-02.50	11.66m	3	3.33
15	Austin, Cole	Quabbin	36-02.00	11.65m	2	1.33
16	Banarjee, Alex	Dover-Sherborn	33-07.75	11.46m	5	2
17	Figuroa, Angel	Middleboro	35-05.00	11.43m	3	0.66
18	Chipman, Jeff	Dennis-Yarmouth	37-11.25	11.39m	5	
19	Westgate, James	Fairhaven	38-04.75	11.38m	4	
19	Wonson, Ashton	Triton	38-04.00	11.38m	1	
21	Kneeland, Liam	Triton	37-05.50	11.36m	1	



**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****....Boys Shot Put Relay**

22	Oman, Mike	East Bridgewater		11.20m	4	
23	Pessina, William	Pentucket	37-00.00	11.11m	2	
24	Kigoni, Richard	Dedham	35-07.00	11.07m	5	2.66
25	Riviere, Ian	Norton	37-09.50	11.02m	3	
25	Robelo, Donaldo	Stoneham	37-08.00	11.02m	1	
27	Dimanche, Rolguy	Watertown	32-11.00	10.89m	1	
28	Medas, Kaiden	Seekonk		10.86m	2	
29	Foley, Joshua	Pentucket	36-08.00	10.83m	2	
30	Nichols, Sean	Norton	38-03.00	10.82m	3	
31	Goldberg, Chase	Lynnfield	37-08.50	10.75m	4	
32	Gates, Zachary	Old Rochester		10.56m	3	
33	Mayes, Nate	Swampscott	36-02.00	10.54m	1	0.33
34	Brown, Jason	Stoneham	32-05.00	10.48m	1	
35	Fair, Gavin	Lynnfield	37-08.00	10.47m	4	
36	Habib, Lucas	Norton	33-01.00	10.45m	3	
37	Sforza, Tony	Triton	33-07.00	10.40m	1	
38	Dennison, David	Dover-Sherborn		10.39m	5	2
39	Perello, Angel	East Bridgewater	39-01.00	10.36m	4	
39	Shaw, Keegan	Medway	33-05.00	10.36m	4	
41	Ferreria, Adam	Sandwich	32-00.00	10.35m	2	
42	Bishop, Hunter	Old Rochester		10.25m	3	
43	Foster, Connor	Norwell	36-05.00	10.22m	3	
44	Faulha, Adam	Quabbin		10.21m	2	1.33
45	Gutting, Hunter	Weston		10.18m	1	
46	Walker, Bradford	East Bridgewater	37-05.00	10.17m	4	
47	Botta, Antonio	Middleboro	31-09.75	10.14m	3	0.66
48	Romani, Darren	Seekonk	36-05.00	10.06m	2	
49	DerGarabedian, Noah	Medway	33-00.00	9.96m	4	
50	Bettouche, Zachary	Hopedale	32-08.00	9.91m	4	
51	Leopoldo, Caleb	Swampscott	41-05.00	9.89m	1	0.33
52	Powers, Sean	Stoneham	30-00.00	9.84m	1	
53	Auguste, Ledor	Dennis-Yarmouth	32-00.00	9.54m	5	
54	Bodet, Gautheir	Weston		9.53m	1	
55	Reilly, Dylan	Norwell	35-01.00	9.44m	3	
56	Breen, Josh	Pentucket	33-08.50	9.36m	2	
57	Tunney, Luke	Medway	31-08.00	9.35m	4	
57	Figueiredo, Sam	Seekonk		9.35m	2	
59	Cronk, Connor	Norwell	31-00.00	8.88m	3	
59	Coleman, Jeremiah	Watertown	30-03.50	8.88m	1	
61	Carroll, Daniel	Hopedale	30-11.00	8.84m	4	
62	Emmel, Tyler	Sandwich	26-00.00	8.23m	2	
63	Salvucci, Stephano	Watertown		8.12m	1	
64	Joseph, Donald	Fairhaven	31-02.00	8.11m	4	
65	Carpenter, Cullen	Sandwich	28-06.00	7.66m	2	
--	Hinton, Chase	Weston	44-02.00	FOUL	1	

**Boys Discus Throw Relay**

Meet Record: R 93.90m 2022 , North Reading

Name	Year	School	Seed	Finals	H#	Points
1	Pessina, William	Pentucket	162-04	43.11m	2	3.33
2	Kneeland, Liam	Triton	136-03	40.64m	1	
3	Levine, Ari	Hopedale	135-02	40.31m	4	0.33
4	Brown, Jayden	Dedham	117-11	39.25m	5	1.33

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys Discus Throw Relay**

5 Austin, Cole	Quabbin	111-04	37.72m	2	2.66
6 Gee, Ethan	Swampscott	128-04	36.09m	1	
7 Pratt, Griffin	Dennis-Yarmouth	18-05.50	34.68m	5	
8 Banarjee, Alex	Dover-Sherborn	105-01	34.58m	4	2
9 Robelo, Donaldo	Stoneham	113-05	33.49m	1	
10 Hogan, Devon	Middleboro	96-07	33.38m	3	
11 Downey, Ethan	Lynnfield	94-01	32.86m	4	
12 Snyder, Joshua	Apponequet	109-05	32.71m	5	
13 Adams, Walker	Dover-Sherborn	97-03	32.50m	4	2
14 McCormack, Kyle	North Reading		32.33m	3	0.66
15 Kigoni, Richard	Dedham	107-00	31.50m	5	1.33
16 Wells, Travis	Quabbin	89-00	31.34m	2	2.66
17 Barlow, Elijah	Apponequet	103-05	31.25m	5	
17 Kummailil, Jacob	Dover-Sherborn	65-11.50	31.25m	4	2
19 Collins, Stephen	Norton	93-09	31.06m	3	
20 Bishop, Hunter	Old Rochester		30.98m	2	
21 Nichols, Sean	Norton	96-06	30.69m	3	
22 Miller, Trevor	North Reading	105-08	30.59m	3	0.66
23 Remjarski, Leo	North Reading		30.40m	3	0.66
24 Bettouche, Zachary	Hopedale	98-07	30.26m	4	0.33
25 Botelho, Charles	Middleboro	127-11	30.25m	3	
26 Leazott, Jake	Quabbin	82-00	30.16m	2	2.66
27 Lee, Anthony	Pentucket	99-01	29.66m	2	3.33
28 Peden, Luke	Norwell	95-11	29.09m	3	
29 Gates, Zachary	Old Rochester		28.80m	2	
30 Dewhurst, Grady	East Bridgewater	105-04	28.47m	4	
31 Santimore, Matthew	Pentucket	92-01	28.12m	2	3.33
32 Dillon, Will	Norwell	95-11	28.06m	3	
33 Barnett, Roussaun	Dennis-Yarmouth	98-07	27.59m	5	
34 Gurney, Sean	East Bridgewater	108-05	27.56m	4	
35 Croscup, Brian	Dedham	92-02	27.47m	5	1.33
36 Gannon, Michael	Middleboro	95-04	27.33m	3	
37 Fein, Christopher	Sturgis West		27.12m	1	
38 Klimas, Connor	Triton	80-04	26.95m	1	
39 Riviere, Ian	Norton	60-00	26.69m	3	
40 Paquin, Matthew	Dennis-Yarmouth	85-10.50	26.60m	5	
41 Connolly, Kevin	Lynnfield	110-00	26.48m	4	
42 Andrews, Chandler	Fairhaven		26.20m	4	
43 Leopoldo, Caleb	Swampscott	115-02	26.14m	1	
44 Pouliot, Henry	Stoneham	73-06	26.04m	1	
45 Perello, Angel	East Bridgewater	101-02	25.78m	4	
46 Jokic, Michael	Watertown	65-01	25.07m	1	
47 Dimanche, Rolguy	Watertown	82-02	24.46m	1	
48 Moura, Kevin	Fairhaven		24.40m	4	
49 Fair, Gavin	Lynnfield	79-04	23.58m	4	
50 Coleman, Jeremiah	Watertown	74-11	23.47m	1	
51 Reilly, Dylan	Norwell		23.37m	3	
52 Skutul, Nicholas	Stoneham		22.67m	1	
53 Pugh, David	Triton	85-00	22.32m	1	
54 Schultz, Jack	Sandwich	87-00	22.22m	2	
55 Enright, Cullin	Sturgis West		22.05m	1	
56 Bradley, Joshua	Sturgis West		21.97m	1	
57 Ward, Caleb	Apponequet	86-10	21.67m	5	
58 Otlin, Noah	Hopedale		21.28m	4	0.33
59 Russell, Ras	Sandwich	86-00	20.66m	2	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys Discus Throw Relay**

60	Martin, Jacksen	Old Rochester		20.44m	2
61	Joseph, Donald	Fairhaven		20.25m	4
62	Emmel, Tyler	Sandwich	81-00	19.11m	2
--	Deady, Ryan	Norton B	89-09	ND	3
--	Sakellaropolous, Panagio	Bishop Stang	70-01.50	ND	5
--	Larrabee, Jacob	Norton B	82-04	ND	3
--	Boscombe, Chris	Norton B	90-08	ND	3
--	Geffrard, Jude	Randolph	70-02	ND	2
--	Mckenzie, Edmond	Randolph	102-04	ND	2
--	Bergeron, Wyatt	Bishop Stang	77-05	ND	5
--	Cookinham, Jacob	Bishop Stang	154-00	ND	5
--	Lavalas, Curtis	Randolph	68-10	ND	2
--	Wood, Ryan	Swampscott	96-06	FOUL	1

**Boys Javelin Throw Relay**

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 Meet Record: R 135.50m 2022 , Apponequet

Name	Year	School	Seed	Finals	H#	Points
1 Arden, Garrett		North Reading	177-02	49.99m	3	2
2 Bodet, Gautheir		Weston	150-05	46.24m	1	2.66
3 Kube, Nick		Dover-Sherborn	152-04	45.13m	5	
4 Goldberg, Chase		Lynnfield	166-08	44.50m	4	3.33
5 Oman, Mike		East Bridgewater	152-08	44.48m	4	1.33
6 Bishop, Hunter		Old Rochester		43.70m	2	
7 Hardisty, Quinn		Lynnfield	134-00	41.43m	4	3.33
8 Fair, Gavin		Lynnfield	135-00	40.90m	4	3.33
8 Ferreria, Adam		Sandwich	142-10	40.90m	2	
10 Chien, Aidan		Weston		40.88m	1	2.66
11 Warburton, Jaxon		Quabbin	132-10	40.10m	2	0.66
12 Kowalker, Brett		Middleboro	140-00	39.65m	3	
13 Gurney, Sean		East Bridgewater	142-10	39.42m	4	1.33
14 Geary, James		Quabbin	120-00	38.12m	2	0.66
15 Pereira, Travis		Seekonk		37.95m	2	
16 Levine, Ari		Hopedale	127-02	37.84m	4	
17 Pendleton, Ethan		Dedham	113-07	37.80m	5	
18 Gutting, Hunter		Weston	125-00	37.76m	1	2.66
19 Kue, Joshua		Norwell	117-03	37.63m	3	
20 Gannon, Michael		Middleboro	119-06	37.54m	3	
21 Kearney, Sam		Swampscott	119-10	37.51m	1	0.33
22 Figueiredo, Lucas		Seekonk	122-10	37.12m	2	
23 Beuttler, Henry		Swampscott	124-06	36.74m	1	0.33
24 Poirier, Brady		Fairhaven	133-00	36.69m	4	
25 Barnett, Roussaun		Dennis-Yarmouth	129-09	36.28m	5	
26 Dewhurst, Grady		East Bridgewater		35.95m	4	1.33
27 Bailey, Matt		Swampscott	101-08	35.73m	1	0.33
28 McGlinchey, Chris		Norwell	133-01	35.72m	3	
29 Miller, Brady		North Reading	122-00	35.59m	3	2
30 Laverdiere, Nikolas		North Reading	103-05	35.20m	3	2
31 Branco, Nate		Fairhaven		34.22m	4	
32 Pipan, Matthew		Pentucket	126-10	33.84m	2	
33 DeMello, Jackson		Sturgis West		33.58m	1	
34 Klaiber, Adam		Sandwich	101-11	33.54m	2	
35 Chipman, Jeff		Dennis-Yarmouth	106-08	33.27m	5	
36 Johnson, Owen		Norton	113-01	33.01m	3	

**MSTCA D5 Relays - 4/29/2023****Seekonk High School****Results****...Boys Javelin Throw Relay**

37	Casale, Jack	Dover-Sherborn		32.80m	5	
38	Monroe, Adin	Fairhaven	122-09	32.70m	4	
39	Huynh, Jayce	Medway	90-05	32.66m	3	
40	Shaughnessy, Ryan	Medway	105-09	32.58m	3	
41	Fogerty, Brody	Norton	113-08	32.56m	3	
42	Faulha, Adam	Quabbin		32.52m	2	0.66
43	Martin, Jacksen	Old Rochester		32.42m	2	
44	Young, Blayke	Seekonk		31.77m	2	
45	McGrath, Brian	Medway	115-00	31.64m	3	
46	Schultz, Jack	Sandwich	101-08	31.04m	2	
47	Dellas, Jake	Old Rochester		30.84m	2	
48	Otlin, Noah	Hopedale	93-00	30.59m	4	
49	Croscup, Brian	Dedham	98-01	30.18m	5	
50	Carroll, Daniel	Hopedale	93-00	29.52m	4	
51	Luciano, Gavin	Norton	105-06	29.30m	3	
52	O'Toole, Thomas	Norwell	95-11	28.90m	3	
53	Foley, Jack	Pentucket	113-05	28.57m	2	
54	Madison, Paul	Pentucket	110-11	28.43m	2	
55	Chapron, Aidan	Watertown	82-04	27.30m	1	
56	Bennett, Maximillan	Watertown	80-05	25.96m	1	
57	McGoldrick, Matthew	Watertown	88-10	25.42m	1	
58	Moreno, Dylan	Sturgis West		25.11m	1	
59	O'Kane, Joseph	Sturgis West		24.57m	1	
60	Botta, Antonio	Middleboro		21.97m	3	
61	Chen, Chris	Dedham	82-08	20.73m	5	
62	Auguste, Ledor	Dennis-Yarmouth	87-03	19.58m	5	
--	Burkes, Rajon	Cardinal Spellman	88-01	ND	5	
--	Walton, Adam	Cardinal Spellman	122-10	ND	5	
--	Hilliard, Erik	Cardinal Spellman	99-03	ND	5	
--	Flanders, Christian	Marthas Vineyard	115-01	ND	4	
--	Kruse, Michael	Stoneham	154-06	ND	1	
--	Miller, Xeandre	Marthas Vineyard	104-07	ND	4	
--	Minogue, Ryan	Stoneham	110-04	ND	1	
--	Latham, Dylan	Dover-Sherborn		ND	5	
--	Dos santos, Calebe	Marthas Vineyard	101-08	ND	4	