

MSTCA West Heptathlon-Decathlon - 6/5/2023 to 6/6/2023**Frontier Regional High School****Results - Combined Events****Girls Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Sanford, Emma South Hadley	4413	(832)	(621)	(552)	(724)	2729	(634)	(450)	(600)
2 Crocker, Caroline Frontier	3500	(728)	(512)	(357)	(594)	2191	(495)	(403)	(411)
3 Brewer, Camilla Northampton	3481	(672)	(512)	(280)	(689)	2153	(498)	(216)	(614)
3 Schwartz, Carlie Ludlow	3481	(518)	(621)	(283)	(740)	2162	(482)	(127)	(710)
5 Cusson, Athena Chicopee	3435	(378)	(566)	(340)	(625)	1909	(606)	(404)	(516)
6 Kelly, Madison West Springfield	3307	(322)	(566)	(469)	(616)	1973	(413)	(387)	(534)
7 French, Kira Northampton	3084	(326)	(460)	(333)	(608)	1727	(466)	(287)	(604)
8 Sawicki, Elizabeth Amherst-Pelham	3079	(462)	(460)	(299)	(675)	1896	(367)	(187)	(629)
9 Gauvin, Gabrielle Ludlow	2889	(432)	(512)	(302)	(528)	1774	(396)	(257)	(462)
10 Plasse, Nicole Frontier	2753	(286)	(359)	(218)	(611)	1474	(441)	(206)	(632)
11 Jetzon, zephyr Mohawk Trail	2731	(388)	(359)	(276)	(576)	1599	(441)	(214)	(477)
12 Keroack, Faith Ludlow	2718	(319)	(460)	(225)	(578)	1582	(340)	(310)	(486)
13 Turner, Kelsey West Springfield	2694	(360)	(460)	(262)	(655)	1737	(290)	(220)	(447)
14 Gibson, Nessa Westfield	2628	(457)	(409)	(247)	(540)	1653	(338)	(148)	(489)

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15	Howard, Abigail Frontier	20.96	1.35m	6.91m	30.49	3.86m	15.86m	2:33.84		
		2598	(227)	(460)	(329)	(448)	1464	(276)	(212)	(646)
16	Quinones, Paola Chicopee Comprehens	17.85	1.10m	6.60m	28.96	4.24m	16.21m	2:56.42		
		2574	(504)	(222)	(309)	(557)	1592	(364)	(219)	(399)
17	Albright, Jetta Ludlow	18.56	1.25m	5.27m	31.51	3.75m	27.63m	2:52.89		
		2516	(432)	(359)	(225)	(382)	1398	(252)	(432)	(434)
18	Pollard, Shannon Monument Mountain	19.27	1.30m	6.27m	28.68	3.74m	11.56m	2:50.42		
		2484	(366)	(409)	(288)	(578)	1641	(250)	(134)	(459)
19	Paquette, Caitline West Springfield	18.44	1.25m	6.53m	31.13	3.92m	14.77m	2:51.56		
		2444	(444)	(359)	(305)	(406)	1514	(290)	(192)	(448)
20	Pryor, Riley Westfield	20.41	1.30m	5.65m	29.60	3.63m	17.40m	2:44.54		
		2427	(269)	(409)	(249)	(510)	1437	(227)	(241)	(522)
21	Ellis, Lylia Monson	19.98	1.25m	5.44m	30.20	4.01m	20.25m	2:53.62		
		2398	(304)	(359)	(236)	(468)	1367	(310)	(294)	(427)
22	Harvey, Kiersten Ludlow	19.55	1.25m	6.01m	32.17	4.20m	18.06m	2:53.70		
		2347	(341)	(359)	(272)	(341)	1313	(355)	(253)	(426)
23	Sisum, Emily Mohawk Trail	19.49	1.15m	6.38m	30.61	3.35m	19.25m	2:46.63		
		2291	(346)	(266)	(295)	(440)	1347	(170)	(275)	(499)
24	Beaudoin, Avery Monson	22.52	1.40m	5.82m	31.49	4.01m	18.17m	2:53.10		
		2279	(127)	(512)	(260)	(383)	1282	(310)	(255)	(432)
25	McFarland, Claire Frontier	22.58	1.20m	6.33m	30.42	3.76m	17.61m	2:42.92		
		2220	(124)	(312)	(292)	(453)	1181	(254)	(245)	(540)
26	Mourad, Alya Northampton	19.30	1.20m	5.49m	30.39	3.76m	10.95m	2:54.17		
		2167	(363)	(312)	(239)	(455)	1369	(254)	(123)	(421)
27	Mazza, Catarina Ludlow	21.67	1.20m	4.77m	31.41	4.12m	15.23m	2:44.06		
		2136	(178)	(312)	(194)	(388)	1072	(336)	(201)	(527)

MSTCA West Heptathlon-Decathlon - 6/5/2023 to 6/6/2023**Frontier Regional High School****Results - Combined Events****Boys Decathlon**

	Points	100	HJ	SP	LJ	400 Day1	110H	JT	TJ	DT	1500	
1 Coviello, Matt Southwick	11.78	1.75m	11.88m	6.09m	54.72	18.87	27.46m	12.07m	27.20m	5:04.97		
	5211	(695)	(585)	(599)	(606)	(610)	3095	(444)	(264)	(467)	(410)	(531)
2 Mendez, Matthew Ludlow	11.79	1.55m	8.77m	5.32m	51.76	17.54	36.94m	11.65m	22.46m	4:48.35		
	5045	(693)	(426)	(412)	(445)	(735)	2711	(569)	(398)	(420)	(318)	(629)
3 Cerone, Devan Southwick	11.72	1.70m	12.19m	5.64m	57.76	18.75	33.34m	12.00m	24.28m	5:25.49		
	4907	(707)	(544)	(618)	(510)	(493)	2872	(455)	(346)	(459)	(353)	(422)
4 Wheat, Davis Northampton	12.19	1.50m	9.96m	5.40m	55.19	21.19	38.78m	10.98m	30.11m	4:26.78		
	4802	(614)	(389)	(483)	(461)	(591)	2538	(261)	(424)	(346)	(467)	(766)
5 Brown, Erich Frontier	12.56	1.75m	8.68m	5.71m	56.33	18.75	32.45m	11.13m	25.48m	4:45.30		
	4783	(545)	(585)	(407)	(525)	(546)	2608	(455)	(334)	(363)	(376)	(647)
6 Adams, Antonio Westfield	11.99	1.80m	9.62m	6.04m	1:02.56	18.62	30.71m	12.23m	23.59m	5:36.32		
	4638	(653)	(627)	(463)	(595)	(330)	2668	(466)	(309)	(486)	(340)	(369)
7 Delgado, Noah Westfield	12.47	1.65m	9.83m	5.69m	1:00.44	17.47	43.08m	11.72m	20.15m	5:37.75		
	4587	(562)	(504)	(475)	(521)	(398)	2460	(576)	(487)	(427)	(275)	(362)
8 Finnegan, Daniel Monson	11.98	1.60m	10.06m	5.02m	58.06	16.49	26.08m	10.83m	26.00m	5:37.75		
	4478	(655)	(464)	(489)	(386)	(482)	2476	(679)	(244)	(331)	(386)	(362)
9 Pryor, Stephen Westfield	12.45	1.70m	8.33m	5.52m	58.65	17.01	23.33m	11.76m	24.37m	5:36.49		
	4425	(565)	(544)	(386)	(485)	(460)	2440	(623)	(207)	(432)	(355)	(368)
10 Krasco, Mitchell Mahar Regional	12.23	1.60m	8.05m	5.43m	57.65	17.17	23.22m	12.50m	13.87m	5:17.07		
	4358	(606)	(464)	(369)	(467)	(497)	2403	(607)	(205)	(518)	(160)	(465)
11 Silveira, Triston Ludlow	12.20	1.65m	8.93m	4.93m	57.22	19.48	26.74m	9.88m	24.11m	4:58.07		
	4222	(612)	(504)	(422)	(369)	(513)	2420	(391)	(254)	(236)	(350)	(571)
12 Keroack, Joseph Ludlow	12.72	1.40m	9.29m	4.62m	55.19	19.74	30.18m	9.48m	22.50m	4:30.34		
	4111	(516)	(317)	(443)	(312)	(591)	2179	(370)	(302)	(199)	(319)	(742)
13 Silveira, Benjamin Ludlow	12.52	1.40m	9.76m	5.05m	56.90	19.01	23.27m	10.37m	25.91m	5:06.51		
	4087	(552)	(317)	(471)	(392)	(525)	2257	(432)	(206)	(284)	(385)	(523)
14 Alcantara, Hendrix Chicopee Comprehensive	12.02	1.40m	9.76m	4.91m	1:01.47	16.27	31.06m	11.13m	19.90m	5:59.78		
	4080	(647)	(317)	(471)	(365)	(365)	2165	(703)	(314)	(363)	(270)	(265)

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15	Delgado, Alexander Chicopee Comprehensive	12.94	1.55m	9.52m	5.30m	1:00.12		17.00	29.40m	11.02m	13.78m	5:32.27
		4023	(478)	(426)	(457)	(441)	(409) 2211	(624)	(291)	(351)	(158)	(388)
16	Pazmandy, Adrien Frontier	12.41	1.35m	9.20m	4.88m	54.26		19.89	28.69m	9.71m	22.85m	5:07.83
		3983	(573)	(283)	(438)	(360)	(629) 2283	(358)	(281)	(220)	(326)	(515)
17	Burt, Ian Frontier	12.35	1.50m	7.72m	5.33m	56.33		20.06	25.62m	11.43m	17.32m	5:22.25
		3953	(584)	(389)	(350)	(447)	(546) 2316	(344)	(238)	(395)	(222)	(438)
18	Gillis, Matt South Hadley	12.53	1.60m	7.31m	4.89m	57.24		20.18	26.71m	10.80m	13.87m	5:03.98
		3827	(551)	(464)	(326)	(361)	(512) 2214	(335)	(253)	(328)	(160)	(537)
19	Howard, Luke Frontier	13.31	1.65m	8.96m	3.86m	58.37		22.64	30.78m	9.40m	22.80m	4:25.09
		3772	(417)	(504)	(423)	(184)	(470) 1998	(171)	(310)	(191)	(325)	(777)
20	Skiba, Devyn Ludlow	12.69	1.50m	6.63m	5.12m	1:01.37		16.58	22.84m	11.02m	19.27m	5:52.67
		3743	(522)	(389)	(286)	(405)	(368) 1970	(669)	(200)	(351)	(258)	(295)
21	Schreiber, Alex Frontier	13.08	1.30m	11.64m	4.49m	1:00.85		20.65	29.22m	9.72m	35.95m	5:49.08
		3664	(454)	(250)	(585)	(288)	(385) 1962	(300)	(288)	(221)	(583)	(310)
21	Webber, Jameson South Hadley	12.77	1.45m	7.58m	4.63m	58.83		19.66	22.33m	10.53m	21.32m	5:05.39
		3664	(508)	(352)	(341)	(313)	(454) 1968	(377)	(193)	(300)	(297)	(529)
23	Valderrama, Aidan Frontier	13.06	1.60m	6.27m	4.78m	57.12		20.80	26.71m	9.58m	18.34m	4:58.86
		3601	(458)	(464)	(265)	(341)	(516) 2044	(289)	(253)	(208)	(241)	(566)
24	Adams, Anthony South Hadley	12.51	1.40m	7.13m	4.68m	57.63		20.80	24.68m	10.62m	15.03m	5:05.44
		3539	(554)	(317)	(315)	(323)	(497) 2006	(289)	(225)	(309)	(181)	(529)
25	Johnson, Sean Westfield	12.82	1.45m	6.53m	3.62m	55.74		21.56	32.38m	9.30m	16.60m	4:39.46
		3492	(499)	(352)	(280)	(147)	(569) 1847	(236)	(333)	(183)	(209)	(684)
26	Woodruff, Sam Amherst-Pelham	14.04	1.70m	8.49m	4.15m	1:01.99		22.41	32.13m	9.62m	18.75m	4:48.57
		3424	(307)	(544)	(395)	(230)	(348) 1824	(184)	(329)	(211)	(249)	(627)
27	Platt, Owen Amherst-Pelham	11.93	NH	6.89m	4.49m	53.92		23.42	19.96m	10.53m	17.21m	4:44.67
		3359	(665)	(0)	(301)	(288)	(643) 1897	(130)	(161)	(300)	(220)	(651)

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Frontier Regional High School

Results - Combined Events

....Boys Decathlon

28 Mourad, Jude Northampton	12.89	1.35m	7.79m	4.57m	56.34		24.77	18.68m	9.75m	15.05m	4:29.06	
	3343	(487)	(283)	(354)	(303)	(546)	1973	(71)	(144)	(223)	(181)	(751)
29 Cepeda, Johanny Monson	12.08	NH	6.93m	5.19m	56.23		22.59	31.40m	10.25m	18.19m	5:30.49	
	3307	(635)	(0)	(303)	(419)	(550)	1907	(174)	(319)	(272)	(238)	(397)
30 Fein, Jake Northampton	12.01	1.20m	8.44m	5.03m	59.46		38.98	22.14m	9.35m	17.46m	5:05.31	
	3181	(649)	(188)	(392)	(388)	(432)	2049	(0)	(190)	(187)	(225)	(530)
31 Flynn, William Westfield	13.35	1.35m	7.81m	5.08m	1:01.20		22.67	29.13m	9.81m	17.87m	5:41.51	
	3080	(410)	(283)	(355)	(398)	(373)	1819	(169)	(287)	(229)	(232)	(344)
32 Morse, Maddox Chicopee Comprehensive	13.24	1.45m	8.59m	4.61m	1:06.24		24.09	37.36m	9.44m	25.85m	7:02.39	
	2866	(428)	(352)	(401)	(310)	(226)	1717	(99)	(404)	(195)	(383)	(68)
33 Inoue, Leo Amherst-Pelham	13.71	1.40m	8.56m	4.39m	1:04.56		23.13	29.43m	9.39m	15.02m	6:06.89	
	2656	(354)	(317)	(400)	(271)	(271)	1613	(144)	(291)	(191)	(180)	(237)
34 Petschke, Aaron Southwick	13.83	1.45m	6.55m	4.06m	1:08.23		21.18	23.70m	7.59m	15.18m	5:48.46	
	2384	(337)	(352)	(281)	(215)	(177)	1362	(262)	(212)	(52)	(183)	(313)
35 Gillette, Connor Westfield	14.30	NH	5.07m	4.07m	1:09.13		21.25	12.23m	7.63m	11.93m	5:43.48	
	1671	(271)	(0)	(195)	(217)	(156)	839	(257)	(60)	(55)	(125)	(335)
DNF Doyle, Chase Mount Greylock	DNS	SCR	SCR	SCR	DNS		DNS	DNS	DNS	DNS	DNS	
	(0)	(0)	(0)	(0)	(0)		(0)	(0)	(0)	(0)	(0)	
DNF Walsh, Logan Ludlow	12.83	DNS	7.85m	SCR	55.57		18.62	21.92m	10.84m	19.37m	DNS	
	(497)	(0)	(357)	(0)	(576)		(466)	(187)	(332)	(260)	(0)	
DNF Camphor, Brenden Amherst-Pelham	11.89	SCR	SCR	SCR	58.92		DNS	21.35m	8.08m	20.10m		
	(673)	(0)	(0)	(0)	(451)		(0)	(180)	(85)	(274)	(0)	