



NE Track Coaches Clinic

March 15-16 Westford Regency Inn and Conference Center

Clinicians Include:

Harry Marra - Considered one of the best Track & Field coaches of all-time

Rachael Steil - Author and Coach speaking on Women's wellness issues

Ryan Banta - Author of *The Sprinter's Compendium*

Mark Mirabelli - Popular Throws Guru with advice on how to maximize your athletes potential

Patrick Rielly - Distance Coach at Phillips Academy

Troy Engle - Former Distance Coach at West Point

Joe Patrone - 3-time NE Collegiate High Jump Champion - PR 7' 4.25"

Doug Lang & Mark Hathaway - Pole Vault Accreditation and Coaching Tips from Novice to Elite

Steve Keyes - UConn Long Jump Champion - PR 25' 1"

John Monz - Highly decorated Weston HS Coach - Cross-training for injured or low mileage athletes

Rich Hart - Experienced College Coach with advice on recruitment and financial aid

Dr. Neil Feldman - Injury Prevention (presentation courtesy of Hoka)

MSTCA Member Early Registration Fee: \$150
non-MSTCA Member Early Registration Fee: \$175
On Site Registration Fee: \$200

[Register for the 2024 New England Clinic](#)

[Reserve a Discounted Hotel Room at the Regency](#)

FOSS RUNNING CAMP

is moving in 2024 from NH to CT
at Camp Wah-Nee in Torrington

fossrunningcamp.com



- >Wah-Nee has 40 acres w/dirt roads
 - >Miles of country roads w/hills to train on
 - >2 Volleyball courts and Gaga Ball courts
 - >There are 3 large, manicured athletic fields
 - >There are multiple tennis & basketball courts
 - >Every cabin has it's own bath & shower facility
 - >Also a large indoor basketball facility w/2 courts
 - >Wah-Nee has a beach area & an Olympic size pool
- 2024 is our 47th year of Foss Running Camp: Join Us!**