



MSTCA Frank Kelley XC Invitational

Meet Sponsor: Brooks

Location: Wrentham Developmental Center

Sanctioned by: MIAA

Sponsored by: Hopkinton High School

Meet Director: Jean Cann

Email: jcann@hopkinton.k12.ma.us

Date: September 30, 2023

Time: MSTCA Large: 9:30 am

MSTCA Small: 1:00 pm

Sanctioning for the following states has been approved and athletes from member schools are allowed to compete in this invitational: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, and Vermont. Out of state teams will be notified of their division placement by the meet director.

Division Placement

Massachusetts Schools

MSTCA Large = MIAA Division 1

MSTCA Small = MIAA Divisions 2 & 3

Non-Massachusetts Schools

MSTCA Large = Greater than 900 9-12 students

MSTCA Small = 900 or Fewer 9-12 students

Awards

Medals to finishers 1-25 in each race. Medals will be distributed in the chute.

Team Plaques will go to the top 2 Teams in the Championship 5k.

Order of Races (Schedule Subject to Change)

9:30 am	MSTCA Large Freshmen Boys Race - 3K
9:50 am	MSTCA Large Freshmen Girls Race - 3K
10:10 am	MSTCA Large Sophomore Boys Race - 3K
10:30 am	MSTCA Large Sophomore Girls Race - 3K
10:50 am	MSTCA Large Junior/Senior Boys Race - 3K
11:10 am	MSTCA Large Junior/Senior Girls Race – 3K
11:30 am	MSTCA Championship Boys Race - 5K - 10 max per team
12:00 pm	MSTCA Championship Girls Race - 5K - 10 max per team
1:00 pm	MSTCA Small Freshmen/Sophomore Boys Race - 3K
1:20 pm	MSTCA Small Freshman/Sophomore Girls Race - 3K
1:40 pm	MSTCA Small Junior/Senior Boys Race - 3K
2:00 pm	MSTCA Small Junior/Senior Girls Race - 3K
2:30 pm	Middle School Boys Race - 3K
3:00 pm	Middle School Girls Race - 3K

Entry Information and Limits

- There is no need to declare which athletes are in which races prior to the date of the meet.
- Up to 10 athletes may be entered in each of the Championship races. Coaches are **not** required to enter any athletes in the Championship races.
- An unlimited number of athletes may be entered in the Open 3K races, but all athletes should be able to finish the race within 20 minutes.
- Younger athletes may be entered in the Junior/Senior 3K races, but older athletes may **not** be entered in the Freshman/Sophomore 3K races.
- The middle school races are limited to athletes in Grades 5 - 8.
- The Championship races are open to teams from both the Large and Small Divisions.

Entry Deadline

Tuesday, September 26, 2023 at 8:00 pm.

- **NEW FOR 2023:** All entries are done on athletic.net.
 - No late entries will be accepted.
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Entry Fees: \$21 per individual
 \$230 max per gender per school if 25 entries or less
 \$360 max per gender per school if over 25 entries

For example, if a school enters 30 girls and 20 boys, the total entry fee for the school would be \$590.

** Please note these are entry fees, not participation fees. Once the entries close, each school is responsible for paying the total fee for its entries, regardless of how many relay teams actually compete.

** **NEW FOR 2023:** Each school must notify the MSTCA [using this form](#) of its payment plan for the entry fees prior to the day of the meet.

MSTCA Single Waiver

Each school must have their Principal and/or AD complete the online [2023 Single Waiver](#) by September 6, 2023. A link to the waiver is also available in the Coaches Corner at www.mstca.org. **Please note a school must have this form submitted before its athletes will be allowed to race in any MSTCA meet this season.**

Course Map

- An updated map of the site [can be found here](#). The 3K course consists of just the first two loops.

ADDITIONAL NOTES

- No grills, fires, or cooking is allowed at the Wrentham Development Center grounds.
- No dogs or other animals are allowed on the Wrentham Development Center grounds
- Coaches must keep their athletes from running between the buildings where patients reside.
- Remind your spectators that there is a parking fee per carload.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.